

## LISTENING GAP FILL

Isn't sleep \_\_\_\_\_? I think so. What could we do instead of sleeping? I  
\_\_\_\_\_ do. I could read more books, write more e-mails and watch more movies. My  
\_\_\_\_\_ of knowledge and my friends would be happier. I could also do more  
\_\_\_\_\_ fitter. I hate feeling tired but I wish my body and brain didn't need to sleep. It  
would be great if there was \_\_\_\_\_ instead of sleeping. I actually find it difficult to fall  
asleep. I wait for ages before I become tired. I'm \_\_\_\_\_. I wake up at the smallest  
sound. Not like some of my friends. They \_\_\_\_\_ and it only takes them 30 seconds to  
fall asleep. They're gone as soon as their \_\_\_\_\_.