

VOCABULARY

Match the words with their meanings.



1. embarrass	She accidentally spilled her drink, which <u>embarrassed</u> her in front of everyone.	a. able to be easily physically or mentally hurt
2. get goofy	When he's around his close friends, he tends to <u>get goofy</u> and tells silly jokes.	b. at the center or most important part of something
3. can't bear	He <u>can't bear</u> the thought of being away from his family for too long.	c. a situation that restricts someone's thoughts or actions
4. mental straitjacket	The strict rules felt like a <u>mental straitjacket</u> , limiting creativity.	d. to act silly or foolish
5. vulnerable	Sharing personal stories can make us feel <u>vulnerable</u> .	e. to cause someone to feel self-conscious or ashamed
6. at the core	Trust and honesty are <u>at the core</u> of any healthy relationship.	f. not genuine or real
7. hold back	Don't <u>hold back</u> your true feelings; express yourself honestly.	g. to be accepted by a group and feel like you belong
8. inauthentic	She realized that pretending to be someone else made her feel <u>inauthentic</u> .	h. the worth or importance of something
9. value	I highly <u>value</u> honesty in both personal and professional relationships.	i. cannot tolerate or endure
10. fit in	It's important to be yourself and not try too hard to <u>fit in</u> with others.	j. to restrain oneself from doing or saying something

 **LIVEWORKSHEETS**