Opinion essay

English Writing Exercises for B1 – An opinion essay

Topic: *Some people think that the school curriculum should include subjects such as 'leading a healthy lifestyle'. Write an essay in which you give your own opinion on this issue and propose ways in which this subject might be taught in schools.*

2. Complete the gaps with the underlined phrases from the essay.

[**A**] If we can believe recent reports in the press, many teenagers are overweight and unfit. Some people argue that teaching children at school about a healthy lifestyle would help to solve this problem.

[**B**] In my view, it would be very sensible to teach students how to lead a healthy lifestyle. Health problems later in life often start because people get into bad habits during their teenage years. It is sometimes said that this is the responsibility of the parent and not the school. But as I see it, everyone in society would benefit from this.

[**C**] In order to tackle this problem, time should be set aside in the school timetable to teach children about the benefits of eating healthily and getting lots of exercise. Moreover, doctors could also play a part by coming into school and talking to students. I suggest that one or two hours a week should be spent on this topic.

[**D**] To sum up, I agree with those people who believe that healthy living should be taught in schools. It seems to me that the students themselves and society in general would benefit from this proposal.

1 Introducing your opinions

in my opinion,

1.....

2.....

3.....

LIVEWORKSHEETS

Opinion essay

2 Introducing other people's opinions

It is a widely held view that

Most people agree that

It is a common belief that

4……..

5……..

3 Making an additional point

What is more, Not only that, but Furthermore,

6……..

4 Introducing proposals and solutions

One solution might be to

What I propose is that

I would strongly recommend that

It is vital that

7……..

8……..

5 Concluding

In conclusion, To conclude, **9**…….

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