

HEALTHY EATING PYRAMID

Match the names with the foods:

bananas	candy	ice-cream
spaghetti	chocolate	carrots
rice	bread	tomatoes
egg	legume	kefir
flour	milk	tofu
strawberries	courgette	dragon fruit
kiwi	cucumber	apple
cheese	noodles	yoghurt
toasts	orange	mongoose
grapes	chips	meat
macaroni	aubergine	mushrooms
shrimps	fish	wine
spinach	pears	broccoli

