

GET SMARTER

Під час виконання завдання цього типу, зверни увагу, що подані відповіді можуть містити:

- вирази, схожі за значенням, які вимагають використання іншої граматичної конструкції, напр. *include something i consist of something*,
- слова, які часто плутають (зі схожим звучанням, але іншим значенням), напр. *adopt /adapt, affect / effect*.

- 4 Read the following text. Fill in the gaps (1-5) by choosing the correct answer (A, B or C) to obtain a logical and grammatically correct text.



FRUITARIANS ARE PEOPLE WHO NEVER EAT ANIMAL PRODUCTS but instead have a diet which depends (1) ___ fruit, vegetables, nuts and seeds. They are (2) ___ to vegans and they may adopt this diet for a number of reasons. The so-called ethical fruitarians will only eat what falls naturally from a plant because they believe that they can't kill or harm the plant. Fruitarians who (3) ___ by tradition, on the other hand, say they want to eat what they think was the original diet of our ancestors. There are also those who say that this diet (4) ___ them for its health reasons. Some people claim they feel much more energetic after they have switched over to this diet. However, some scientists and dieticians warn that fruitarianism isn't a good diet for everyone. So, if you think of following it, you should first consult a specialist to get proper (5) ___.

- | | | |
|--------------|-----------------|------------------|
| 1 A from | B on | C with |
| 2 A similar | B the same | C like |
| 3 A motivate | B are motivated | C are motivating |
| 4 A suits | B fits | C matches |
| 5 A advert | B opinion | C advice |

- 2 Work in pairs. Explain the difference in meaning between the following pairs of words. Use them in sentences to illustrate the difference.

- | | |
|---------------------------|-----------------------|
| 1 some advice / to advise | 5 to lend / to borrow |
| 2 an effect / to affect | 6 to fit / to suit |
| 3 to let / to allow | 7 keen / interested |
| 4 sensitive / sensible | 8 similar / the same |

Multiple choice

- 3 Read three texts about food. Match the questions (1-3) with the correct answers (A, B or C) according to the texts.

Text 1.

BY THE LAKE

Kate felt miserable. Her skin was hot and there were red spots all over her. She sat by the lake and watched the others in the water. Why her? Sara had said it was probably the grapes, but Kate knew that wasn't true. She'd had grapes lots of times. The only other things she'd had at the picnic were ham sandwiches and lemonade.

Sara climbed out of the lake, looking pretty in her new swimsuit. She didn't have spots! She had no allergies to anything. Lucky her!

'You poor thing,' Sara said quietly as she sat down. 'Have a drink,' and she handed Kate a bottle of low-calorie lemonade. Kate smiled and sipped the drink. Then she suddenly froze. The low-calorie lemonade! Could that be it? Surely not!

- 1 Kate felt bad because

- A she had a skin allergy.
B she had had nothing to eat at the picnic.
C she was thirsty.

Text 2.

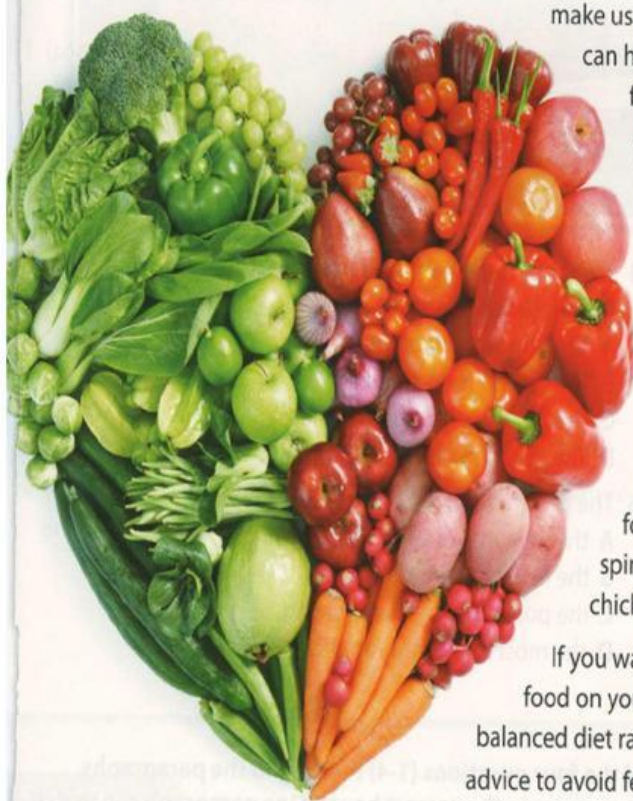
PURE FOOD

More and more people are developing food allergies. Are you one of them? Do you have problems with your breathing or come out in spots after eating certain foods? Do you constantly worry about what ingredients are in the food that you buy? Don't worry any more. Our new Pure Food range has been developed to help you. Our food has no hidden ingredients and is recommended by scientists for people who suffer from allergies. In all big stores from July 1st. Our aim is to keep you happy and healthy!

- 2 The writer of the text wants to

- A warn people about a food problem.
B learn about people's reactions to different food.
C encourage people to buy a certain type of food.

Read the following text. Choose the correct answer to fill in the gaps (1-5) so that you obtain a logical and grammatically correct text. Circle A, B or C.



The science of happiness has come up with the answers to why certain foods make us happy. It appears that some foods are built of compounds which can have an influence (1) ___ our mood. What's more, avoiding certain foods can lead to the opposite effect and cause depression.

To understand how food can make us happy, we must realise that our brain is responsible for our mood. It (2) ___ use of neurotransmitters to communicate with the rest of your body. Two of these neurotransmitters seem to matter the most. One of them is serotonin. It calms us down. The other is norepinephrine which (3) ___ to stimulate our bodies and minds. So, to feel happy, we need the two types of chemicals.

These mood-affecting chemicals are found in different products we eat and we call them 'happy food'. The examples of foods which are used in the production of serotonin are bananas, spinach and turkey while products (4) ___ in norepinephrine include chicken, pork, most fish and dairy products.

If you want to enjoy a good mood, make sure you put the right kind of food on your plate. Experts have confirmed that people who follow a well-balanced diet rarely complain about their low mood. So, (5) ___ following such advice to avoid feeling miserable! It doesn't seem so difficult, does it?

1 A for
B on
C in

2 A takes
B brings
C makes

3 A is needed
B needs
C has needed

4 A full
B made
C rich

5 A it's worth
B it's no use
C it's necessary