

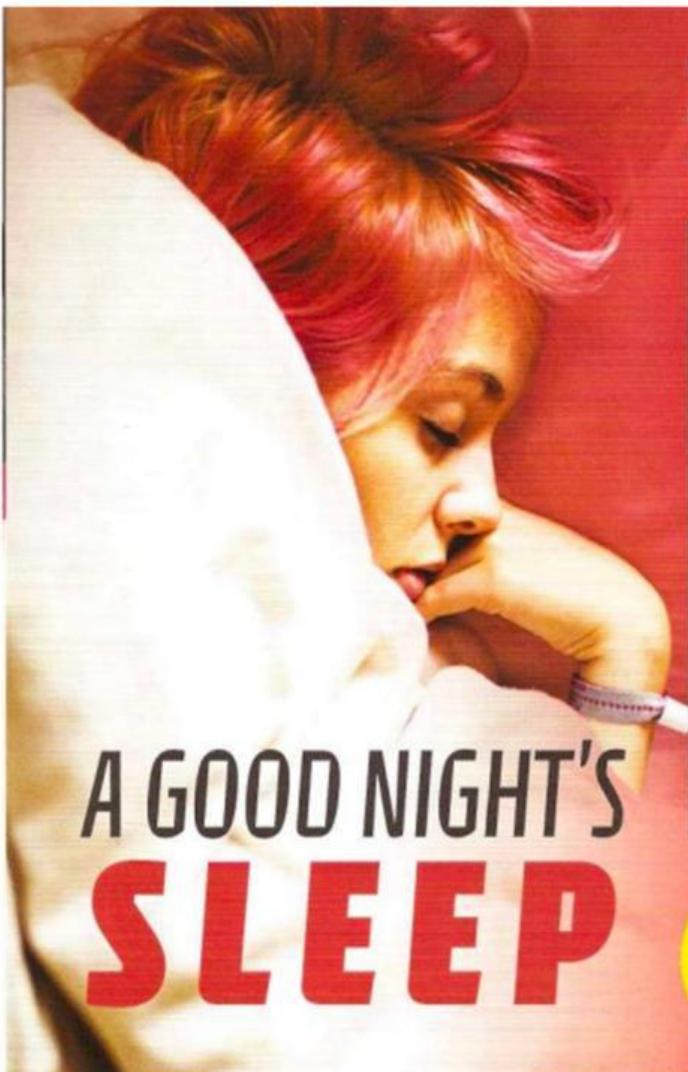
My name is: \_\_\_\_\_

**WORKSHEET**Date:.....  
FFS

Teacher's feedbacks

**Task 1: Read and fill in the gaps**

1. We \_\_\_\_\_ (go) to the supermarket and I bought apples.
2. Carlos \_\_\_\_\_ (read) when the telephone \_\_\_\_\_ (ring)
3. My mother \_\_\_\_\_ (arrive) while I was listening to music
4. My mom \_\_\_\_\_ (be) \_\_\_\_\_ (work) now.
5. I \_\_\_\_\_ (study) since I was 9 years old.
  
6. I \_\_\_\_\_ (go) to Bogota last month and visited my parents.
6. Adrian isn't at home at the moment. He ..... (travel)  
Around the world.
7. I saw Isabella and Luisa at the party, but I \_\_\_\_\_ (not/speak) to them.
8. Marlon had a book in his hand but he ..... (not/read) it.
9. \_\_\_\_\_ you \_\_\_\_\_ (go) to Venezuela last year?
10. Juan Pablo and Laura ..... (be) classmates for 4 years

**Task 2: Read and answer the questions**

Life is busy with school, homework, sports and other activities and you really need to catch up on your sleep.

Here are three reasons why you should get more sleep:

**YOUR BODY NEEDS SLEEP**

As a teenager, you *must* get enough sleep – more sleep than an adult. Your body is still growing and your brain is still developing. Experts say that you should get between eight and nine hours of sleep each night.

**SLEEP HELPS YOU DO BETTER AT SCHOOL**

When you're tired you can't concentrate in your lessons. It's more difficult to learn.

**SLEEP KEEPS YOU HEALTHY**

Without enough sleep, your body gets weak, and it's easy for you to catch a cold and other illnesses. When you're tired you often eat food with more sugar in it and that isn't good for you.

**TEENAGERS WHO GET ENOUGH SLEEP ...**

- usually have better skin.
- eat less junk food.
- are less likely to experience depression.

1. Do teenagers have to sleep more than adults?

2. How many hours of sleep do you need a night?

3. What happens if you don't get enough sleep?

4. What are the benefits of teenagers getting enough sleep?

5. Are foods high in sugar good for your health?

**Task 3: Read and fill in the gaps**

act

on stage  
dancingmicrophone  
instrumentthe piano  
orchestra

1. Have you heard Peter singing? He's got a really powerful voice
2. The \_\_\_\_\_ is to perform its last ever concert tomorrow night at the Albert Hall.
3. Ellis Pike was chosen to \_\_\_\_\_ the part of the lawyer in the film.
4. He plays saxophone, trumpet, and several other .....
5. While my mother was singing, I was playing .....
6. The show includes singing, \_\_\_\_\_, and comedy.
7. The audience cheered as the band walked \_\_\_\_\_
8. Most laptops now come with a built-in webcam and \_\_\_\_\_ for online chatting.

**Task 4: Listen and write.****JOHN LOCKE TRAVEL**

Travel to: New York

Name: **16** MrWill leave on: **17** DecemberWill return on: **18** 30thPrice: **19** £Travel to airport by: **20**