

The last time I went on an adventure trip, I did almost every sport possible !

But I didn't have all of the equipment with me:

Did you know that you have to wear _____ when you go _____ ?

When _____, you need both a _____ and a _____ because the water is normally quite cold. You should also wear _____ on your feet.

In case you're not an amphibian, I recommend an _____ so you can stay underwater for a longer time and not having to swim to the water surface to breathe. If you don't dare to go that deep underwater, you can stay close to the surface and swim with a _____ that lets you get air while looking into the water. Sometimes, before you jump into the water, you go _____ until you reach the spot where you start this

underwater experience. I also did that and it was a lot of fun! The owner of the yacht gave _____ to me and the rest of the group and told us to always fasten the _____ while the boat is moving. If you go

_____ (starts with „r“) or _____ (starts with „c“), to steer (dirigir) the boat, you use a _____. What I didn't do on my trip was _____ (starts with „s“) because there are a lot of places where you can do that in any city. I'm also not a fan of climbing mountains, so I decided not to go _____ (starts with „m“) nor _____ (starts with „a“). My trip was in summer, so there was no way I could go

Well, at the end of my trip I had to decide if I wanted to go

_____ (starts with „p“) or _____ (starts with „j“), both sports in which you have to be in the air for some moments and you have to get into a _____ and tie a _____ to your back, but in the first I mentioned, you also have a _____ above your head.

abseiling snowboarding parachuting bungeejumping rope
paddle skateboarding parachute
goggles skydiving scubadiving mask dry suit flippers
oxygen tank snorkel mountaineering yachting life jackets
seat belts rafting canoeing harness