

I can't hide myself

I don't expect you to

I just hope I can explain

What it's like to be a man

It's a road

And they don't 'bout what you know

It's not 'bout how you feel

But what you inside that home

Yeah, I know this can really beat you down, uh

You wanna scream but you won't..... a sound, uh

Got so much weight that you've been holdin'

But won't show any, as a man, that goes unspoken

That we can't..... when life gets hard

Unconditional for women, children and dogs

We know that we just have to our parts

And don't nobody give a damn about ourhearts, yeah

As a man, we gotta pave our way

Our only function is to and slave

There's nofor you if you ain't paid

You're disregarded as a human and you can't complain

And if you ever make it up and actually reach that place

And find a woman that you love and give her your name

You'll feel the things that you provide is only why she stays

And when you try to explain, you'll say

It's not 'bout how you feel

Don't give up, keep fightin'

As a man, our is our horizon

And our fathers' actions play a role and we up like him

So they can't let us them hurt

'Cause we'll embody what we do and start a generational curse

No wonder most men are so

All the things that they can't express

They go to war, get thrown on the shelf

Then go back to war with they..... health

Then grab that bottle and ask for help

Try to pull themselves out of hell

Then back down and then realize

That they gon' have to do it themselves

It's the circle of life, as a man, you

They don't know what you're worth 'til the day that you die

And that's when they start cryin'

Then on to a man to confide in

That's why we feel