

Listening

1. Check your understanding: multiple choice

Circle the best option to complete these sentences.

1. The teacher wants the students to ...
 - a. take notes after she has finished speaking.
 - b. take notes while she is speaking.
 - c. forget about taking notes.

2. The teacher suggests eating ...
 - a. sugary snacks.
 - b. only apples.
 - c. fruit and cereals.

3. The teacher suggests finding a study place with a lot of ...
 - a. light.
 - b. space.
 - c. books.

4. If students feel stressed they should ...
 - a. go to bed.
 - b. go out for a walk.
 - c. drink some water.

5. Students are advised to ...
 - a. select the important things to learn.
 - b. read through everything once.
 - c. make notes about every topic.

6. The teacher understands that repeating things can be ...
 - a. difficult.
 - b. uninteresting.
 - c. tiring.

7. Students can do past exam papers ...
 - a. in the library only.
 - b. at home if they take photocopies.
 - c. in the after-school study group.

8. The teacher recommends a break of five minutes every ...
a. hour.
b. two hours.
c. thirty minutes.
9. It's important to ...
a. eat regularly.
b. sleep when you feel tired.
c. keep hydrated.
10. The teacher is sure that the students will ...
a. pass their exams.
b. fail their exams.
c. do their best.

2. Check your understanding: True or False

- 1 Daniel has worked from home for longer than Kate.
- 2 Kate started working from home after her son was born.
- 3 Kate used to be a teacher.
- 4 Kate's work writing a geography book was very well-paid.
- 5 Daniel started working from home after losing his job.
- 6 Daniel doesn't enjoy working from home because it isn't sociable.
- 7 Daniel used to play badminton and cards with his colleagues.
- 8 Daniel has recently made friends with a new colleague.
- 9 Kate didn't use to socialise with colleagues because she was too tired.
- 10 Kate spends time with some friends from her art class.