

Task 1: Read the text. For questions (6 -10) choose the correct answer (A, B, C or D).

Cycling challenges and triumphs

SCOTTISH cyclist Mark Beaumont, who was born in 1983, showed a talent for sports at an early age. He completed his first long-distance bike ride at the age of 12 when he rode from John O'Groats at the top of Scotland, all the way down to Land's End in the south of England. Then, on 15 February 2008, Beaumont raised £118,000 for charity, and entered the Guinness World Records when he became the fastest person to cycle around the world. He completed his trip in 195 days and 6 hours, beating the record of 276 days, which had previously been set by another British man, Steven Strange.

Beaumont's trip began and ended in Paris and took him through 20 countries across Europe, the Middle East, India, Asia, Australia and North America. The speed of his journey was amazing. It took him only four hours to cross Holland and just three hours to cross Germany. He cycled across four American states in two days.

But Beaumont's trip included some unexpected problems. As well as his bike, Beaumont carried 80 kg of equipment that included a tent, tools and cameras. He had his wallet and camera stolen when he was staying in a motel in the USA, He came down with food poisoning in Lahore, Pakistan, and was knocked off his bike in Louisiana, USA, by a motorist. He even had to take a detour when he was crossing the border into Malaysia to escape the violent anti-government activity that was taking place in southern Thailand.

One of Beaumont's other problems was food. He had to eat around 6,000 calories a day in order to keep up his energy levels, which was often difficult to do. This meant that even though he is a vegetarian, he was forced to sometimes eat meat. In the Australian outback, where there are few shops, he often didn't have enough proper food, so he had to eat chocolate bars and tins of baked beans instead. In both Australia and the USA, it was hard to avoid junk food - not an ideal diet for a long-distance cyclist!

When Beaumont left Paris on 5 August 2007 to start his journey, only a small crowd was there to see him off. However, Beaumont kept a blog while he was travelling, so that people could read about his journey. More and more people followed his blog, with the result that on his return to Paris, thousands of people, hundreds of media representatives, and even the British Ambassador to France, gathered to welcome him back. Since then, Beaumont's record has been broken a number of times - both by himself and others - and in 2017 he completely smashed his old record by cycling around the world in 79 days.

1. What was outstanding about Beaumont's 2008 achievement?
- A He was the fastest person to cycle across Europe.
 - B He was the first British man to cycle around the world.
 - C He beat the previous record by more than 80 days.
 - D He got paid £18,000 for his long-distance bike ride.

2. What forced Beaumont to change his route?

- A a collision with a car
- B a theft
- C becoming ill
- D a political conflict

3. What does 'this' in paragraph 4 refer to?

- A the need for 6,000 calories
- B his being a vegetarian
- C the length of the journey
- D the difficulty of the journey

4. What does the author say about the Australian outback?

- A The local people eat a lot of fast food.
- B There aren't many places to buy proper food.
- C The shops sell only chocolate bars and baked beans.
- D It's easy to maintain a healthy diet there.

5. Why were so many people present when Beaumont arrived back in Paris?

- A The media had advertised the event.
- B A lot of people read his blog and followed his Journey.
- C The British Ambassador attended the event.
- D People wanted to see him break his own record.

Task 2: Complete the sentences (11-20) with the necessary word.

6. We need to leave right away or we're going to _____ our train!
7. We had to _____ the river by boat because the bridge was damaged.
8. The first thing to do after you take your seat on a plane is _____ your seatbelt.
9. I can _____ the bus just outside my house, which is really convenient.
10. I hope we don't get _____ in traffic because we are already late.
11. To _____ beliefs, one must be open to experiencing different cultures while travelling.
12. I need to _____ plane tickets early in order to get a good deal.
13. It's important to _____ yourself in a foreign culture when visiting a new country.
14. I was able to _____ money from the nearby cash point without any issues.
15. He decided to _____ a gap year to travel through Europe and Asia.

Task 3: For questions (21-28) choose the correct answer (A, B, C or D).

16. I'm struggling to _____ up with the tour guide's fast pace.
17. If the price goes up again, I may have to _____ away from buying a new car.
18. We should stop for gas soon, the tank is about to _____ out of fuel.
19. Despite the setbacks, we must _____ on and complete our journey.
20. The police officer signaled for the driver to _____ over to the side of the road.
21. Can you _____ me up from the airport when I land at 7 PM?
22. My flight just landed, I'll _____ up at your house in an hour.
23. The traffic accident ahead _____ us up for over an hour.

| | | | | | | | | |
|-----|----|-------|----|------|----|-------|----|------|
| 16. | A. | make | B. | keep | C. | do | D. | walk |
| 17. | A. | turn | B. | drop | C. | go | D. | walk |
| 18. | A. | run | B. | pick | C. | break | D. | keep |
| 19. | A. | carry | B. | set | C. | gone | D. | do |
| 20. | A. | head | B. | get | C. | pull | D. | turn |
| 21. | A. | hold | B. | pick | C. | try | D. | take |
| 22. | A. | come | B. | make | C. | put | D. | turn |
| 23. | A. | pick | B. | drop | C. | turn | D. | held |

Task 4: Write down the correct option. Sometimes more than one answer is possible.

24. "I find it hard to get up early." You _____ to getting up early once you start working.
25. Just like many boys, I _____ (want) to be a pilot when I grew up.
26. Ben knew everything about Gothic painting. Definitely, he _____ have studied art history.
27. I _____ smoke when I was at school.
28. You failed the exam, so your answers _____ have been wrong.
29. "Do you like living in the city?" Well, I _____ to it yet, but it is okay.
30. What do you mean you don't like apples? You _____ (love) them as a child!
31. Susan has been travelling for the last two weeks – she _____ be very tired by now.
32. Kate _____ (eat) that local speciality. She's allergic to seafood. (I am sure)
33. Our uncle _____ (have) about 100 guidebooks
34. Yesterday I left the car unlocked. It _____ (be/steal), but luckily it wasn't. (it was possible)
35. We'd better take a map. It _____ be the right way. (maybe)