

Student's name: _____ Date: _____

Points: 19pts

Percentage: 5%

GENERAL INSTRUCTIONS

1. Pay attention to your test.
2. It's an *Individual Test*.
3. Ask your teacher if you have any questions.

Part 1. Matching

• **PLAY AUDIO HERE**

Instructions: Listen to the audio and then identify who did each activity. Match the person in column "A" with the correct activities in column "B". 6 points

Column A

1. Speaker A
2. Speaker B
3. Speaker C

Column B

- () This person met new international friends.
- () This person talked to an Asian friend.
- () This person had a very pleasant day.
- () This person celebrated a holiday.
- () This person was working during the day.
- () This person studied until afternoon.

Part 2. Single choice

• **PLAY AUDIO HERE**

Instructions: Read each sentence carefully, then listen to the audio and mark with an "X" the correct option. 8 points.

1. The radio host says that a digital detox ...
 - a. ☐ means we are in front of screens all the time.
 - b. ☐ is something younger people are trying more.
 - c. ☐ is important for our health.
2. Which sentence is not true about Amanda Vince's job?
 - a. ☐ She is online a lot of the time.
 - b. ☐ She follows fashion on social media.
 - c. ☐ She uploads her own videos to social media.
3. What is the name of the book that influenced Amanda?
 - a. ☐ Log Off: How to Stay Connected After Disconnecting
 - b. ☐ Log Off: How to Disconnect and Stay Disconnected
 - c. ☐ Log Off: Advice for the Digital Detox
4. The first step in a digital detox is to get rid of distractions, such as ...
 - a. ☐ noises the phone makes.
 - b. ☐ screens in your home and workplace.
 - c. ☐ the bright colours on your phone.
5. Amanda removed notifications from ...
 - a. ☐ her close family and friends.
 - b. ☐ everything except important people in her life.
 - c. ☐ everything except very important work-related things.
6. The book also suggested that ...
 - a. ☐ we replace digital distractions with real-world ones.
 - b. ☐ we think about the reason we are looking at our phones so much.
 - c. ☐ we try to be more polite with our phones around people.

7. Amanda and her partner ...

- a. () tried a two-day digital detox first.
- b. () found it impossible to completely disconnect.
- c. () found it very easy to do a digital detox for a weekend.

8. Amanda believes that a digital detox ...

- a. () is not a good idea if you have a lot of work.
- b. () is better if it's for a week, not just a weekend.
- c. () is something everyone will enjoy.

Part 3. Short answer

• **PLAY AUDIO HERE**

Instructions: Listen to the audio and write the five ways to spot fake news mentioned on the audio. It is not necessary to write the exact words from the audio, you can use your own words. 5 points.

1. .

2. .

3. .

4. .

5. .