

## Glossary

**period** - menstruation

**sanitary products** - tampons, sanitary pads etc.

**squeamish** - easily disgusted

### **Watch the episode and fill out the gaps**

1. It's gonna make a .....difference.
2. One in ten girls's struggled to .....products.
3. We cannot .....the fact that there is a stigma.
4. We launched a .....campaign.
5. I really want you to be a .....