

Glossary

period - menstruation

sanitary products - tampons, sanitary pads etc.

squeamish - easily disgusted

Watch the episode and fill out the gaps

1. It's gonna make adifference.
2. One in ten girls's struggled toproducts.
3. We cannotthe fact that there is a stigma.
4. We launched acampaign.
5. I really want you to be a