

# I've been afraid of it for years

## 1 VOCABULARY phobias and words related to fear

a Complete the phobias with the missing vowels. Then match them with the definitions.

1 agoraphobia	<input type="checkbox"/> b a fear of spiders
2 claustrophobia	<input type="checkbox"/> b fear of open spaces
3恐高症	<input type="checkbox"/> c fear of heights
4密闭空间恐惧症	<input type="checkbox"/> d fear of closed spaces
5公共演讲恐惧症	<input type="checkbox"/> e fear of public speaking

b Complete the sentences with a suitable word.

- 1 Are you *frightened* of snakes? A lot of people are.
- 2 I'm very *scared* of spiders. I don't like them much.
- 3 If you suffer from a *fear* of flying, you can't travel by plane.
- 4 My sister is *terrified* of big dogs. She always crosses the street if she sees one.
- 5 My children don't like swimming. They're *afraid* of water.
- 6 Elena has a *phobia* of insects. She never goes to the country.

## 2 GRAMMAR present perfect + for and since

a Circle the correct word to complete each sentence.

- 1 Jess hasn't flown on a plane **for** / **since** many years.
- 2 I haven't seen my parents **for** / **since** my birthday.
- 3 He hasn't ridden a horse **for** / **since** he fell off one when he was twelve.
- 4 We've had our rabbit **for** / **since** six months.
- 5 My grandmother has agoraphobia. She hasn't left the house **for** / **since** two years.
- 6 I've been afraid of dogs **for** / **since** I was very young.
- 7 Tomo is sick. He hasn't eaten **for** / **since** two days.
- 8 We haven't been back there **for** / **since** the accident happened.

b Complete the text with *for* and *since*.



## A celebrity's life Kristen Stewart, actress

Kristen Stewart has been a famous actress <sup>1</sup> *for* about five years now. She has been an actress <sup>2</sup> *since* she was eight years old, when her agent saw her performing at school. Her first role was in a movie where she didn't speak, but <sup>3</sup> *then* she has been in many movies. She is probably best known for playing Bella Swan in *The Twilight Saga*, a part which she has played <sup>4</sup> *for* four years.

Kristen has lived in Los Angeles <sup>5</sup> *since* she was born. Because she was acting at a young age, she couldn't go to school, so she studied online.

<sup>6</sup> *then*, she has completed high school. She is now one of the best-paid actresses in Hollywood. Something many people don't know about Kristen is that she has equinophobia, or a fear of horses. She has had this problem <sup>7</sup> *for* most of her life, but her fans have only known about it <sup>8</sup> *since* 2012, when she was making a movie with horses. Kristen explained that she has been scared of them <sup>9</sup> *since* she was nine years old, when she fell off a horse during a riding accident.

c Complete the questions about Kristen Stewart. Use *How long* or *When* and the verb in parentheses.

- 1 When did Kristen Stewart start acting? (start)  
When she was eight.
- 2                    she                    the part of Bella Swan? (play)  
For four years.
- 3                    Kristen                    in Los Angeles? (live)  
Since she was born.
- 4                    Kristen                    equinophobia? (have)  
For most of her life.
- 5                    fans                    about her phobia? (hear)  
In 2012.

d Right (✓) or wrong (✗)? Correct the mistakes in the **bold** phrases.

- 1 **Nina hates flying** since she was a child.  
Nina has hated flying.
- 2 **How long time** has your brother been an actor?  
\_\_\_\_\_?
- 3 **We've been married** since 2000.  
\_\_\_\_\_.
- 4 He's been in the US **for February**.  
\_\_\_\_\_.
- 5 How long **do you have** your dog?  
\_\_\_\_\_?
- 6 He's had this job **since eight years**.  
\_\_\_\_\_.
- 7 I've had four cars **since I learned to drive**.  
\_\_\_\_\_.
- 8 She's **known Victoria** since they were at school.  
\_\_\_\_\_.

### 3 PRONUNCIATION sentence stress

**iChecker** Listen and repeat the sentences. Copy the rhythm.

- 1 **How long** have you **worked here**?
- 2 **How long** have they **been married**?
- 3 **How long** has she **known** him?
- 4 **We've lived** here for **six months**.
- 5 I've **studied English** for **three years**.
- 6 He's had a **phobia** since he was a **child**.

### 4 LISTENING

a **iChecker** Listen to a radio call-in program about phobias. What is cynophobia?

b **iChecker** Listen again and choose the correct answers.

1 The caller is worried about...

- a her pet.
- (b) someone in her family.
- c her phobia.

2 The dog bit...

- a the neighbor.
- b the caller.
- c the caller's son.

3 The caller wants some advice about...

- a preventing a phobia.
- b keeping dogs.
- c treating a phobia.

4 The psychologist tells the caller...

- a to keep her son away from dogs.
- b to talk about her son's experience with him.
- c to let her son play with a friend's dog.



### USEFUL WORDS AND PHRASES

Learn these words and phrases.

cure /kyor/

drug /drʌg/

heights /haɪts/

overcome (a fear) /əʊvər'kam/

panic /'pænɪk/

afraid /ə'freɪd/

frightened /'fraɪtnɪd/

rational (opp *irrational*) /'ræfənl/

scared /skerd/

terrified /'terəfaɪd/

affect (somebody / something) (verb) /ə'fekt/

have an effect on (somebody / something) /hæv ən 'efekt ən/