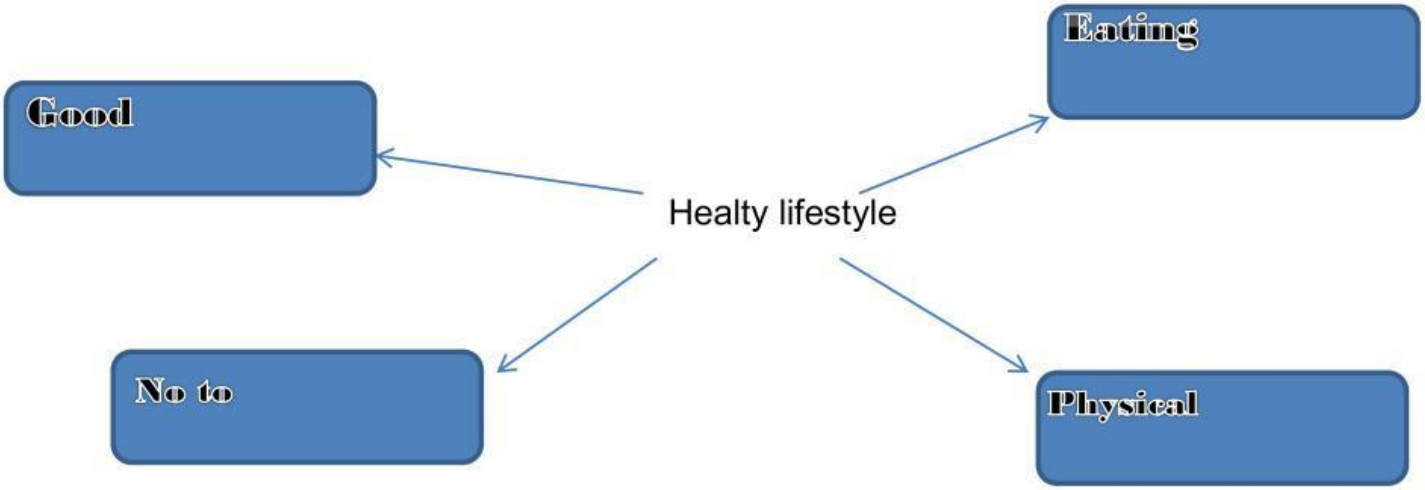
Final test Form 9 Unit 3 "Healthy lifestyle"

I. Complete the scheme.



II. Match the lines.

plums, grapes, pears	provides us with protein, iron and oxygen
yoghurt, kefir, sour cream	provide us with B-vitamin and energy
buckwheat, rice, rye, bread	contain a-vitamin and give us good eye-sight and healthy skin
olive and sunflower oils	give important fatty acids
green beans, carrots, onions	contain calsium make our teeth and bones strong
poultry, beef, nuts	

III. Complete.

	elder	
		the worst
healthy		
	hotter	
good		

IV. Choose the correct answer.

1. The ocean is very deep/deeply.
2. It's wide/widely known that fruits give us vitamins.
3. She can hard/ hardly do this exercise.
4. I value him so high/ highly!
5. Birds fly very high/ highly.
6. Sarah was deep/ deeply touched by his words.

LIVEWORKSHEETS

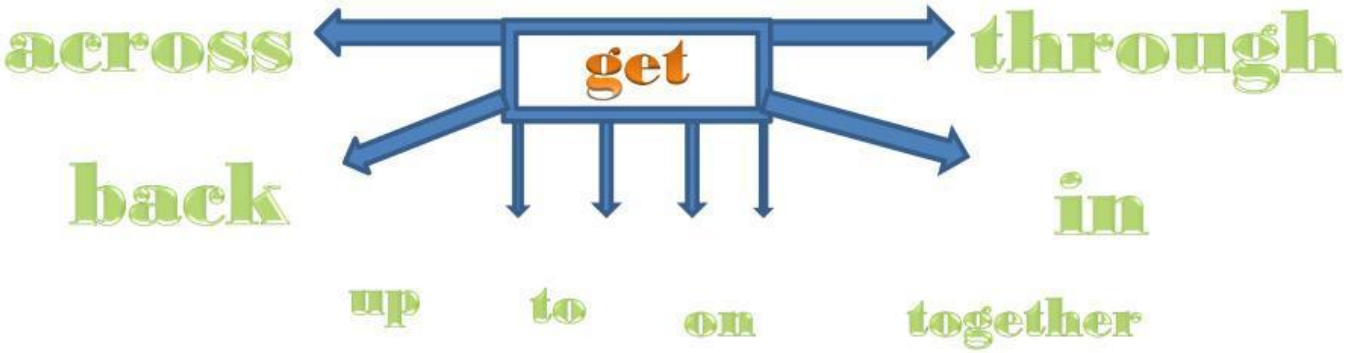
V. Put the words into the gaps.

Many people are . The role of in putting on weight is very big. Such food has a lot of Pastas, pizzas, burgers look and taste nice because of colours and . Fast food can lead to It contains sugar and fat instead of foods such as fruits and vegetables.

nutrious overweight obesity fast food flavourings additives

artificial

VI. Complete the sentences.



1. I tried but couldn't get the message.
2. Get ! It's 7 o'clock!
3. It takes him 10 minutes to get school.
4. I miss you. When are you getting .
5. When will we get and have lunch?
6. We managed to get with each other and build a strong team.
7. It can be challenging to get difficult times, but without support from friends.
8. What time does your train get ?

LIVEWORKSHEETS