

Complete the paragraph with the following words:

Essential - rely on - definitely - informed - severe - declining - individuals

Nowadays, the number of big fish is _____ in oceans due to overfishing. This has a _____ impact on the ecosystem, resulting in the increase of small fish. This can be interpreted by the fact that people _____ big fish in their diet. Therefore, it is _____ for people to have _____ choices on what they should eat. By doing this, we can say that _____ can _____ save the environment.