GOLD experience B2 First for Schools 2ND EDITION

Name: _____

Class: _____

UNIT 8: LANGUAGE TEST B

GRAMMAR

Task 1

Complete the sentences with the correct form of the modals in brackets and these verbs.

be find give have spend

1 That guy was driving really dangerously. We (can) _____ a horrible accident.
2 It (must) _____ a big disappointment when you heard you'd failed your driving test.
3 I feel terrible because I really (ought) _____ Lily a birthday present last week.
4 My exam results were bad. I (should) _____ more time revising last month.
5 She's a useless tennis player so you (can) _____ it hard to beat her yesterday

5

Task 2a

Complete the text with the correct form of these verbs.

answer check print shut take

Thank you very much for offering to help with the preparations for the school play. I realise I ought to **(6)** _____ your email sooner. Sincere apologies, but I have been terribly busy. By next week they should **(7)** _____ all the posters, programmes and tickets. I hope so – because if they haven't, nobody will come to our play! Now a few requests! You need to **(8)** _____ the lights in the theatre after every rehearsal. And you must **(9)** _____ all the windows. But you don't have to **(10)** _____ the chairs off the stage. The cleaners will do that. Please call me if you have any problems.

Task 2b

Complete the sentences with the correct form of the modals in brackets and the verbs from Task 2a, so they have the same meanings as in Task 2a.

Thank you very much for offering to help with the preparations for the school play. I realise your email **(11)** _____ (ought) sooner. Sincere apologies, but I have been terribly busy. By next week all the posters, programmes and tickets **(12)** _____ (should). I hope so – because if they haven't nobody will come to our play! Now a few requests! The lights in the theatre **(13)** _____ (need) after every rehearsal. And all the windows **(14)** _____ (must). But the chairs **(15)** _____ (not have) off the stage. The cleaners will do that. Please call me if you have any problems.

10

VOCABULARY

Task 1

Choose the correct words to complete the sentences.

16 Thank you for all your work clearing up the hall. You've all been very helpful and **stubborn** / **cooperative**.
17 He always gets up and offers his seat on the bus to older people. He's very polite and **courteous** / **flamboyant**.
18 She left her four-year-old sister on the beach on her own. She really is totally **arrogant** / **irresponsible**.
19 My grandmother has a horse, but no car, and rides to town when she needs to see the doctor. Most people think she is **demanding** / **eccentric**.
20 He's like a big baby. He doesn't think before he does things. He's really **flamboyant** / **immature**.
21 We all want a friend who is capable of **flexibility** / **loyalty**, in other words, someone who is always there for us and always on our side.
22 I didn't get a chance to speak much because she was so **talkative** / **cheerful**.
23 Our football coach is very **demanding** / **possessive**. She expects us to train for three hours every day of the week.

8

Task 2

Complete the sentences with these words. There is one extra word which you do not need to use.

chat common difficulty doubts mind nothing touch word

I used to be friends with Jen, but I am beginning to have serious **(24)** _____ about her. For one thing I am not sure that we have enough in **(25)** _____. Sometimes when we are having a friendly **(26)** _____, I mention something I feel strongly about and she won't look me in the eyes. I think she doesn't agree with my views and is just keeping quiet to be polite. I want my friends to be open with me. That's more important to me than keeping in **(27)** _____ when we are on holiday or off school. Perhaps Jen has **(28)** _____ with being totally honest with me because we have only known each other about six months. I am going to have a serious **(29)** _____ with her about expressing herself more openly. Perhaps she thinks I will have **(30)** _____ to do with her if I get to know her true views. If so, she's wrong! I love lively discussions.

7

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GOLD experience 2ND EDITION B2 First for Schools

Name: _____

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UNIT 8: LANGUAGE TEST B

USE OF ENGLISH

Task 1

Complete the second sentence so that that is has a similar meaning to the first sentence using the word given. Do not change the word given. Use between two and five words, including the word given.

31 I'm sure that running a marathon in that terrible heat yesterday must have been difficult.

CAN'T

It _____ to run a marathon in that terrible heat yesterday.

32 She taught me a huge amount and also gave me self-confidence.

TEACH

Not _____ me a huge amount, but she also gave me self-confidence.

33 She lost my phone number but she still managed to contact me.

SPITE

She managed to contact me _____ my phone number.

34 Unfortunately nobody told us how to prepare for the test.

SHOULD

We _____ how to prepare for the test.

35 Although we weren't best friends at school, we always had fun in the holidays.

BEING

We always had fun in the holidays _____ best friends at school.

10

Task 2

Read the article and decide which answer (A, B, C or D) best fits each gap.

Frenemies

Do you know people who often have a negative **(36)** ..... on you? Do they, for instance, put you **(37)** ..... trying out new things? Do you put **(38)** ..... these people because they are supposed to be your friends? Watch out! These negative people could be 'frenemies', enemies who pretend to be friends. **(39)** ..... in mind that they might be jealous of you and enjoy **(40)** ..... your time. If so, you probably need to stop hanging **(41)** ..... with them and find some real friends to replace them. Friends are not people that you just about get **(42)** ..... with. They are people who **(43)** ..... out to you when you are down and who help you to **(44)** ..... realistic goals while you **(45)** ..... up your strength.

36	**A** time	**B** difficulty	**C** reason	**D** effect
37	**A** from	**B** off	**C** back	**D** away
38	**A** down to	**B** out of	**C** up with	**D** around by
39	**A** Carry	**B** Bear	**C** Clear	**D** Remember
40	**A** wasting	**B** filling	**C** spending	**D** throwing
41	**A** up	**B** to	**C** by	**D** out
42	**A** over	**B** across	**C** along	**D** through
43	**A** reach	**B** play	**C** move	**D** run
44	**A** take	**B** get	**C** set	**D** search
45	**A** make	**B** build	**C** increase	**D** lift

10

Total: 50

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Name: _____

Class: _____

UNIT 8: SKILLS TEST B

DICTATION

You are going to listen to a recording about the best way to describe someone. Listen to the whole recording once. Then you will hear the recording again with pauses for you to write down what you hear. Make sure you spell the words correctly.

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LISTENING

You are going to listen to five people talking about their hobby.

Task 1

For questions 1–5, choose from the list (A–H) the hobby each speaker talks about.

A computer games
B composing music
C cycling
D travel writing
E drawing
F photography
G playing in a band
H fitness training

Speaker 1 **1** .....
Speaker 2 **2** .....
Speaker 3 **3** .....
Speaker 4 **4** .....
Speaker 5 **5** .....

10

Task 2

For questions 6–10, choose from the list (A–H) what each speaker says about their hobby.

A A lot of people read my online posts.
B I am always researching new techniques online.
C I occasionally make money from it.
D It took me some time to find the best class for me.
E I have achieved my personal aims through doing it.
F The teacher is good, but too demanding.
G The equipment's expensive, but I don't mind.
H It's something I do wherever I happen to be.

Speaker 1 **6** .....
Speaker 2 **7** .....
Speaker 3 **8** .....
Speaker 4 **9** .....
Speaker 5 **10** .....

10

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UNIT 8: SKILLS TEST B

READING

Task 1

Read the article and choose the answer (A, B, C or D) which you think fits best according to the text.

11 In the first paragraph, the writer is saying that
- **A** everyone ought to improve in at least one way.
- **B** inside every person, a more beautiful person is hiding.
- **C** our body is not the only thing that needs improvement.
- **D** there are too many articles about self-improvement.

12 When saying '**I fully understand your point of view**' (line 28), the writer is agreeing with people who
- **A** work hard to change their bad habits.
- **B** want to become more popular.
- **C** aren't interested in articles about sleeping.
- **D** want to learn to relax and breathe better.

13 In the third paragraph, the writer claims that we all know
- **A** we should try to get more sleep.
- **B** about ways people try to change their lives.
- **C** relaxation is the key to a happier life.
- **D** somebody who eats too much sweet stuff.

14 In the fourth paragraph, according to the writer, publishers
- **A** are making most money in the USA.
- **B** are selling a lot of self-improvement books.
- **C** usually sell courses to go with their books.
- **D** don't publish enough novels.

15 In paragraph five, what is the writer's attitude to social media?
- **A** It's better than other forms of communication.
- **B** It helps people forget their worries.
- **C** It is easy to find useful information through it.
- **D** It is often used by people wanting to show off.

16 According to the writer, reading about self-improvement
- **A** can be stimulating and exciting.
- **B** is often unhelpful.
- **C** is essential if we want to change.
- **D** is an important first step.

17 The writer thinks that generally
- **A** changing oneself is a hard job.
- **B** change makes a lot of people unhappier.
- **C** most people don't appreciate what they have.
- **D** a comfortable life supports change.

18 In the last paragraph, the phrase '**moving forward**' means
- **A** walking.
- **B** taking some exercise.
- **C** making progress.
- **D** thinking about the future.

	16

Task 2

Read the article again and answer the questions in your own words.

19 Why is self-improvement so popular? Give two reasons based on what you have read.

.....

20 What do you think is the writer's attitude to books and articles about self-improvement? Give two reasons for your answer.

.....

	4

Total:		50

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LIVEWORKSHEETS

Do you really want to be perfect?

Celia Dawson takes a look at self-improvement and tells us to get real!

We live in an age when self-improvement is part of everyday life. We go on diets, whether to lose weight or to make ourselves feel better. We give up sugar, fat or meat, depending on what the latest book, article or celebrity advises us. And we take up different fitness programmes, exercise routines and gym classes in line with the most popular internet ideas of the day. Our efforts to improve ourselves aren't limited to our bodies. Thanks to journalists and bloggers, we want to improve our mind, our personality, our whole self, and ideally at the same time become more intelligent, more successful, and more popular.

While we work to change into the beautiful new person we think we should be, we are encouraged by media psychologists to identify our strengths and weaknesses, name our ambitions and admit to any negative influences past or present. Once we have done this, we might try to increase our concentration, improve our memory skills, drop various bad habits, take up some good ones, get rid of unnecessary objects in our rooms and try to make them tidier, calmer and more peaceful, or the opposite – busier, more stimulating and more exciting. If we have any time left after doing all that, we are advised in health articles to relax and to breathe properly, and we are told techniques for getting enough sleep of the right kind. If you are already yawning and therefore know that you certainly won't need those tips, I fully understand your point of view.

Even if you are one of those rare people who feel happy with the way you are, and have never tried to change yourself, you must be familiar with the idea of self-improvement. You must know someone who has tried to change in some way, perhaps someone who gave up chocolate, sweets or video games on the first of January one year, even though they might not have stuck to their resolution for more than a month. In the twenty-first century, you just can't escape the self-improvement industry.

And yes, it is an industry. In the USA alone, publishing and selling self-improvement books is big business, bringing in $550 million a year. It seems that, unlike me, most people prefer reading books about how to change themselves rather than actually sitting down with an exciting novel that might make them forget their worries. So why is it that we are we spending all this money on self-improvement books, articles, courses and training programmes?

Perhaps social media is one of the reasons. A lot of people only post the best aspect of their lives on social media and we then compare ourselves negatively to these misleading images, become dissatisfied and buy a book about how to become the most popular person on the planet – or at least, in the school! Another aspect of self-improvement that attracts us is that reading articles about change gives us energy and a positive feeling. But we have to ask ourselves if we actually want to change, or if we just want to read about changing, without putting in the effort to make change happen.

If you have decided to change some aspect of yourself or your life, it's important to remember first that change isn't easy and second that you need to stay positive when things get difficult. If you get depressed by your slow progress, instead of giving up, try to be grateful for the good things in your life, which you might take for granted – a roof over your head, a bed at night, running water and regular meals. And try to remember that any sort of exercise, including simply going for a walk, can make you feel less stressed. Remember too that you don't have to take huge steps. Even if you are taking one small step after another, you are still moving forward. Over weeks and months, those small steps will add up.

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