UNIT 2. WE TAKE CARE OF OUR SENSES

WHAT IS SENSITIVITY? → Sensitivity is our ability to detect and respond to changes in our environment

INVOLVES → Sense organs – Nervous system – Skeletal and muscular systems

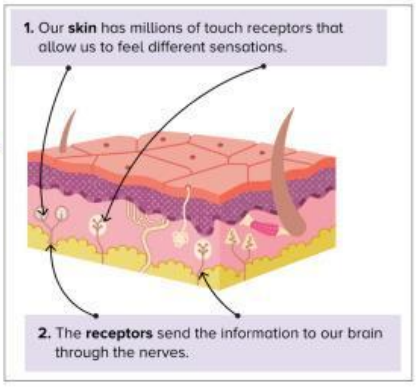
STERNAL STIMULUS → RESPONSE

WHAT IS THE NERVOUS SYSTEM?

- CENTRAL NERVOUS SYSTEM
  - BRAIN
    - Cerebrum
    - Cerebellum
    - Brainstem
  - SPINAL CORD
- PERIPHERAL NERVOUS SYSTEM → NERVES
  - Send information
  - Send orders
  - Mixed

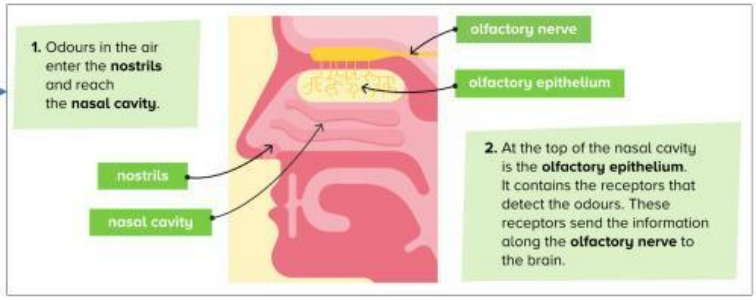
CELL = NEURON

TOUCH →

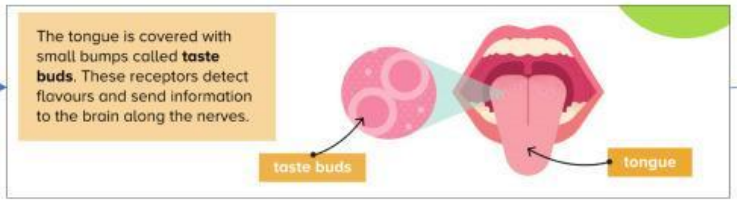


LIVEWORKSHEETS

SMELL



TASTE



Basic flavours:
- Sweet
- Salty
- Sour
- Bitter
- Umami

LOOK AFTER OUR NERVOUS SYSTEM AND OUR SENSE ORGANS

- Eat a balanced diet
- Sleep 9 to 11 hours every night
- Do physical exercise

Protect ourselves: wear a hemlet, wear a seatbelt, use suitable protection...

PROTECT YOUR:
- EYES
- EARS

LIVEWORKSHEETS