

1 Read the article and write T (TRUE) or F (FALSE)

Everyone's a winner

Our discussion in Live Sport this week is how to be a good loser. Rebecca Coleman is a hockey umpire. She describes some losers' reactions, and how bad losers can learn to react positively.

How do you react if you lose a rugby match? What do you do if you are last in a race? If you react positively when you lose, you are a good loser. If there were more sportspeople like you, my job would be a lot more enjoyable. I'm a school hockey umpire and I'm going to list a few of the reactions I've seen during hockey matches this week.

- 1 A 15-year-old boy missed a goal, insulted me, and hit another player.
- 2 A 12-year-old girl threw down her hockey stick and began to cry after her team lost the match.
- 3 A 17-year-old boy lay on the grass and refused to shake hands with the other team after they won the match.
- 4 A 14-year-old girl kicked an opponent who ran past her and scored a goal.
- 5 A 16-year-old boy was emotional after losing a match. He left the club and hasn't come back.

Of course, these are only a few of the negative reactions I've seen. In my opinion, there are far too many bad losers in school hockey. And they spoil the match for the other players.

So, how can bad losers learn to be good losers? Well, the first thing to remember is that sport is like life. You can't win all the time. And if you lose, you have to make sure you lose with dignity. Secondly, if your opponent scores the winning goal, learn from him. What did he do that you could try? Thirdly, losing doesn't always mean you played badly. Maybe the other team was just too good. You have to accept that sometimes you lose even if you play well. Fourthly, don't blame your defeat on someone else. And finally, remember that taking part in sport is more important than winning. Think of the other advantages of playing, and don't focus too much on the result.

- 1 The writer think bad losers can learn to react positively. _____
- 2 The 15-year-old boy scored a goal. _____
- 3 The 12-year-old girl cried after losing the game. _____
- 4 The 17-year-old boy shook hands with his opponents. _____
- 5 The 14-year-old girl hit her opponent in the face. _____

2 Choose the correct word.

1. Paul took some photos as the plane flew over / onto / along the city.
2. 'I can't see without my glasses.' 'Well, put them on / put on them / them put on'
3. The meeting will be off / over / out soon, then we can go home.
4. Don't run across / along / down the stairs, Tina. You'll fall.
5. My parents are going out tonight and I have to look after my brother / look my brother after / my brother look after
6. It is difficult to decide/decided/decision what to do when you finish school.
7. Do get you up / get up you / you get up later at the weekend?
8. Aiden went past / into / through the shop to buy some milk.
9. Turn the radio up / out / down. It's too loud.
10. I saw a girl who looked just similar / like / identical you.

3 Complete the sentences with used to, didn't use to, or Did ... use to.

- 1 Where _____ you _____ live before you moved to Newcastle?
- 2 Amar _____ work in a factory but now he has a job in an office.
- 3 Carole _____ be slim but she lost a lot of weight last year.
- 4 We _____ have a big house, but now we do.
- 5 There _____ be a supermarket near my house, but now there isn't.

4 Complete the dialogues with one word.

- 1 A I'm not from Scotland.
B Neither _____ I
- 2 A I was at work yesterday.
B _____ was I
- 3 A I don't like fish.
B Neither _____ I
- 4 A I've read this book before.
B So _____ I
- 5 A I can't swim.
B _____ can I

5 WRITING

Which is, in your opinion, the best team sport? Write an article (100–150 words).

LISTENING ACTIVITY

For each question, write the correct answer in the gap. Write **one word** or **a number** or **a date** or **a time**.

You will hear a teacher telling students about a school camping trip.

School Camping Trip

Cost of trip: £39.00

Give money to: (6) Mrs

Day of return: (7)

Time to arrive at school: (8) a.m.

Travel by: (9)

Bring: (10)