

**Sonia's travels** (<https://www.youtube.com/watch?v=0xbomFu2zC4>)

**Introduction**

*Hello ladies and gentlemen, welcome to my channel.*

*Today's topic is... (name of the topic) and this topic is very dear to me because over the years I've had/ been...*

*Whether you ... or ..., follow these rules! Number one...*

**Farewell**

*Follow these tips and I can almost guarantee you will... (solve/ improve/ master...)*

*Let me know what you think in the comments below, subscribe to this channel and come back next week for more*

**Lindie Botes – Polyglot tips** (<https://www.youtube.com/watch?v=xvXTrS8gq3g>)

**Introduction**

*Hi everyone, welcome back to my channel. My name is... and I make videos about...*

*Today I'm going to talk about... (the 5 mistakes language learners make)*

*Stay tuned if you want to see what people could be doing differently when... (learning languages)*

*The first thing is... (giving up too soon)*

**Farewell**

*Thank you so much for watching.*

*I hope you have a wonderful week and I'll see you in the next video. Bye-bye*

**Psych2go – Self-love** (<https://www.youtube.com/watch?v=ZsTKyY0uK84>)

**Introduction**

*Hey psych2goers, welcome back to another video.*

*Do you know what... (define or briefly explain the topic: self-love) is?*

*So, here are a few tips that may help you along the way. Number one:...*

**Farewell**

*Have you practised any of these types of... (self-love)? Let us know in the comments below.*

*If you found this video helpful, be sure to like, subscribe and share with those who may benefit from it.*

*...(the links) are added in the description below.*

*Thanks for watching and will see you in the next one.*

Emma – MmmEnglish (<https://www.youtube.com/watch?v=6vug8bnKbfQ>)

### Introduction

*Oh, hey there. I'm... (your name) from... (name of the channel)*

*And today I want to show you how to / how you can ... (do whatever)*

*Let's get started...*

*So, I want to go over some strategies that you can use to (... do whatever) They may not all work for you but I'm hoping there are a couple of gold nuggets in there.*

### Farewell

*That's it from me today.*

*I hope that this video has given you a few new ideas and maybe inspired you to take some action.*

*Don't worry if the steps that you're taking feel small. As long as those steps are going in the right direction, you're in a good place.*

*See you soon!*

Dr. Izzy Sealey – How to learn a British accent fast  
(<https://www.youtube.com/watch?v=gdpvo4w0mZc>)

### Introduction

*Today I'll take you through some essential top tips to help you... (do whatever)*

*So, if you want to..., then this video is for you. Some people think that... but actually, if you follow a couple of simple rules, then it becomes a lot easier.*

*If you are new here, my name is ...*

*In this video, I'll go over 5 main points which will be ...*

### Farewell

*This technique of mirroring (= shadowing) is actually something I used extensively when I was trying to learn Mandarin. I will link a video over here somewhere about my experience of learning Mandarin and how I did that.*

*(But otherwise) I hope this video has been helpful or interesting in some way and I really hope it helps you to get closer to your goal.*

*If you enjoyed this video, you might like it. Thanks so much for watching, take care of yourselves and I'll see you in the next video. Bye!*

Watch the video collage:

[https://drive.google.com/file/d/1Bddw\\_EuMJwLIUkhQehxaw5mK0MzUMjNU/view?usp=sharing](https://drive.google.com/file/d/1Bddw_EuMJwLIUkhQehxaw5mK0MzUMjNU/view?usp=sharing)



**Mediation Task:** You're a famous Youtuber who is passionate about mindfulness and mind growing. You've created a vlog series called *A book a day keeps stupidity away*. For this week's episode, a publishing house has asked you to create a vlog explaining the **how reading can lead to success**. Use the relevant info below (max 02'00'')


## READING HABITS THAT LEAD TO SUCCESS

*What was the last book you've read recently?*

*How much do you read?*

These are important questions, and successful people can prove it – everyday reading increases your knowledge, develops your personal and professional skills and gives you more chances for successful career.

SEEMS, IT'S TIME TO DEVELOP YOUR READING HABITS!




88%

Of wealthy people read 30 minutes or more every day.



60+

The average CEO reads 60+ books a year and makes 319x the income of the average worker who reads 1 book a year but finds the time to watch 700 YouTube videos a year.



Listen to audiobooks during their commute.



Read current events.



Read the educational career-related material.



Read about history.



Read for personal development.



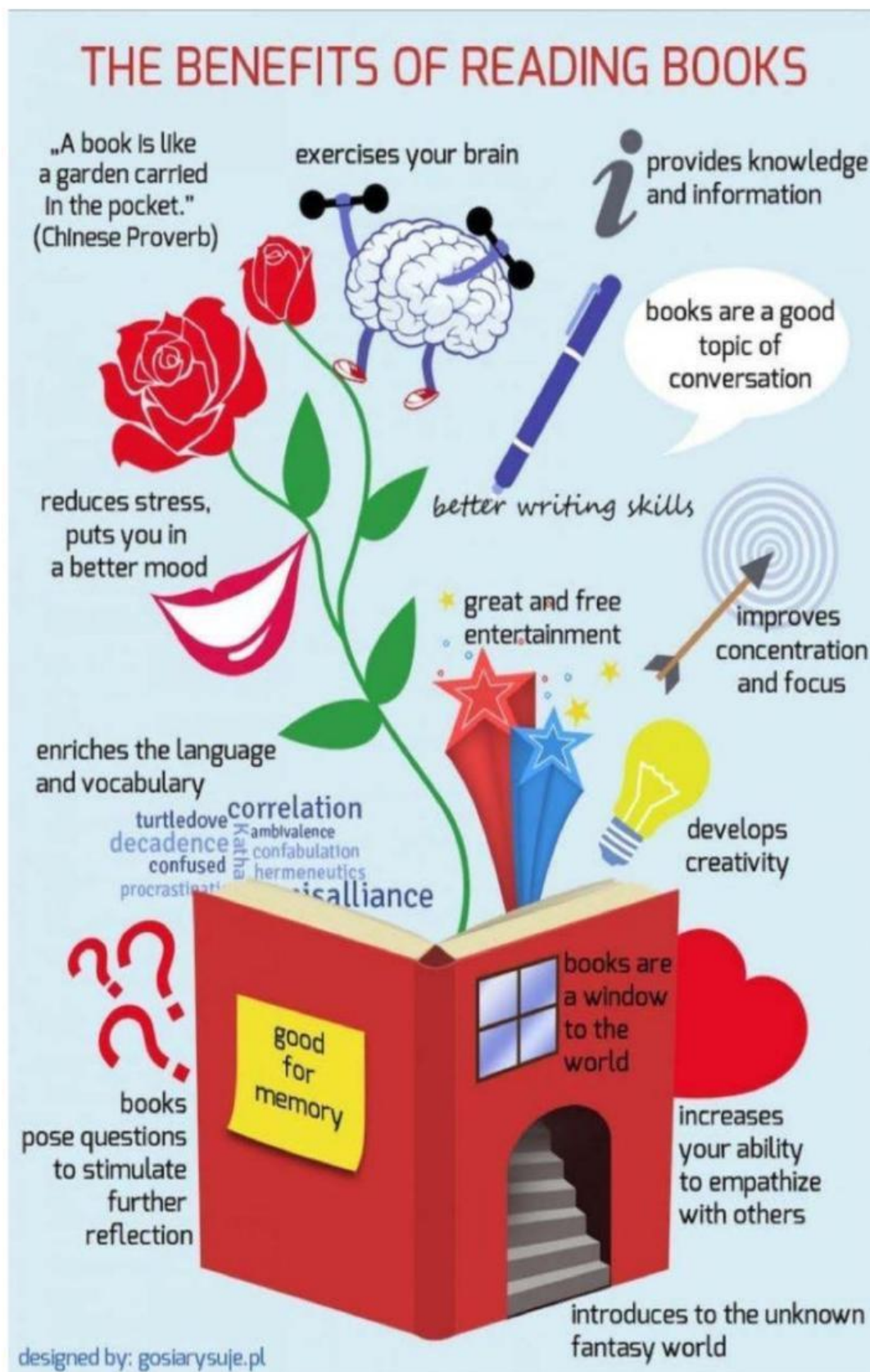
ONLY 11 PERCENT read purely for entertainment purposes.



Read biographies of successful people.

(Source: <https://elearninginfographics.com/reading-habits-lead-success/>)

**Mediation Task:** You're a famous Youtuber who is passionate about mindfulness and mind growing. You've created a vlog series called *A book a day keeps stupidity away*. For this week's episode, a publishing house has asked you to create a vlog explaining the **benefits of reading**. Use the relevant info below (max 02'00'')



(Source: <https://visual.ly/community/Infographics/lifestyle/benefits-reading-books>)