

Vocabulary work skills

1 Match verbs 1-6 to words a-f to make transferable skills.

- | | |
|----------|------------------|
| 1 work | a teams |
| 2 make | b goals |
| 3 manage | c hard |
| 4 set | d decisions |
| 5 solve | e responsibility |
| 6 take | f problems |

2 Complete the text with the phrases in exercise 1 in the correct form.

What makes a great football manager?

Managers spend long hours working with their football teams. They have a lot to do, so the ability to ¹ work hard is important. Because players and staff need to know exactly what they have to achieve during a football season, managers have to be good at ² _____ for everybody at the club, including the players and the coach. Managers also need to be very strong people, able to ³ _____ for failure as well as success – if their team loses, they have to talk to journalists and explain what went wrong! Great managers are good at ⁴ _____ – they can think quickly, and act immediately. For example, they can decide when to change a player or change the formation of the team. They are also good at ⁵ _____ – and they need to be, because during a football match a lot of things go wrong, and they have to find a solution. It is the ability to change things in positive ways that makes some managers great.

Two great managers are Louis van Gaal, who has ⁶ _____ all over the world, including Manchester United and the Netherlands national football team, and Pep Guardiola, who has been the boss at Barcelona and Bayern Munich. What makes them so special?



3 Complete the phrases with the verbs in the box.

being (x2) managing persuading tasking working

- managing tight schedules
- _____ well under pressure
- _____ confident in yourself
- multi _____
- _____ people to do things
- _____ a good leader

4 Match the phrases in exercise 3 to the descriptions of van Gaal and Guardiola.

Van Gaal or Guardiola

Who is the best football manager?

Louis van Gaal is a strict but emotional manager with three great strengths.



- He is the boss and other people are happy to follow him. a 6
- He believes strongly in his own personal abilities. b _____
- He is good at getting his players to do exactly what he asks them to do. c _____

Pep Guardiola is a thoughtful and clever manager with many strengths.



- He uses his time well and can prepare teams to play in only a few days. d _____
- He can do lots of different things at the same time. e _____
- When journalists and fans criticize him, he never panics. He always does things well. f _____

Van Gaal and Guardiola are both great managers. What makes them so special?

LIVEWORKSHEETS

1. Choose the correct option to complete the sentences.

1. Amy will never get a job if she just waits _____ somebody to give her one.
2. If you can't find the job you want, _____ patient and wait until the right opportunity comes along.
3. Listen to the advice of older people. It's the best way of _____ the right choices in life.
4. One way of dealing _____ problems at school is to discuss your concerns with a teacher.
5. Penny was losing, but she didn't give _____. She tried really hard and won the match in the end.
6. Strong-minded people _____ to challenges in life.
7. When he was young, Tom avoided thinking _____ getting a job. He preferred to have fun!
8. You really should _____ an effort to meet people and go out more.

2. Complete the text using one word from box A in correct form and one word from box B in each space.

manage succeed think prefer give rise wait

to (x3) in (x2) about for

Improving your willpower

In his book, *Willpower: Rediscovering Our Greatest Strength*, co-written with *New York Times* science columnist John Tierney, psychologist Roy Baumeister argues that every time we resist temptation, our willpower gets weaker and weaker until we can't resist any longer and we 1. give in and eat that chocolate, or buy that handbag. So, he asks, how can we 2. _____ the challenge of choosing to eat, buy or do the right thing? In Baumeister's view, the way to improve your willpower is to avoid 3. _____ things you really want to eat or buy. In tests, people 4. _____ stop bad habits when they had other things on their minds. In one test, for example, he told people to sit up straight every time they sat down. Because they had to concentrate on keeping their back straight all the time, the people in the test didn't have time to think about bad habits. By doing tasks like this one, and by 5. _____ doing them well, the people in the tests learnt how to control their bad habits. They learnt to 6. _____ lunch instead of eating between meals, for example. Although most of us 7. _____ eat that chocolate immediately rather than not eat it at all, it is possible to teach ourselves how to resist.

3. Complete the sentences. Use **can/can't, could/couldn't, be able to, manage to** or **succeed in** and the words in brackets. There is sometimes more than one possible answer.



Soichiro Honda



Ludwig van Beethoven



Vincent van Gogh



Fred Astaire



Harland David Sanders

If at first, you don't succeed...

In the 1920s, a young Japanese engineer applied for a job at Toyota, but he 1. **didn't succeed in getting** (not get) the job, so he decided to start his own business. His name was Soichiro Honda.

When he was young, Ludwig van Beethoven had lots of violin lessons, but he 2. _____ **(not play)** the instrument very well. He was hopeless at it! So, he decided to become a composer.

In the future, nobody 3. _____ **(buy)** any of Vincent van Gogh's paintings because they will be so valuable and expensive. In his lifetime, however, van Gogh only 4. _____ **(sell)** one painting ... to a friend.

When Fred Astaire arrived in Hollywood, people said that he had no talent. 'He 5. _____ **(not act)** and he 6. _____ **(not sing)!**' said (not one critic at the time. However, Astaire did have talent. He 7. _____ **(dance)** really well, and he soon became a star.

Harland David Sanders knew that he 8. _____ **(cook)** chicken really well. He had a great recipe, but restaurants rejected it 1,009 times before eventually one restaurant decided to use it. He called it Kentucky Fried Chicken (or KFC), and the rest is history.