

LEARNING UNIT # 1

Frequency Adverbs

ENGLISH
GRAMMAR

ADVERBS OF FREQUENCY

ADVERBS OF INDEFINITE FREQUENCY



%

ADVERB OF FREQUENCY

EXAMPLES

100%

AlwaysI **always** brush my teeth at night.

90%

UsuallyI **usually** walk to work.

80%

Normally / GenerallyI **normally** get good marks.

70%

Often / FrequentlyI **often** read in bed at night.

50%

SometimesI **sometimes** sing in the shower.

30%

OccasionallyI **occasionally** go to bed late.

10%

SeldomI **seldom** add salt to my food.

5%

Hardly ever / RarelyI **hardly ever** get angry.

0%

NeverVegetarians **never** eat meat.

ONLY APPROXIMATE NUMBERS

© Woodward English

Subject + Adverb + Main VerbDaniel **always** passes his exams.**Subject + BE + Adverb**He **is** **always** happy.**Subject + Auxiliary Verb + Adverb + Main Verb**Susan **has** **always** lived in New York.CORRECT
WORD
ORDER

 WATCH THIS **VIDEO**

 LIVE WORKSHEETS

HOW OFTEN?

ADVERBS OF DEFINITE FREQUENCY

How often? = I want to know the frequency

Example: How often do you brush your teeth?

Number + Times + A + Time Period

SINGULAR NOUN

Once* a day

Twice* a week

Three times a month

Four times a year

Time Period

daily

weekly

monthly

annually

EVERY + Number + Time Period

PLURAL NOUN

Every two days

Every three weeks

Every four months

EVERY + Time Period

SINGULAR NOUN

Every day

Every week

Every month

- She visits the dentist twice a year.

- He goes to the gym three times a week.

- I call her daily to make sure she is fine.

- There is a leap day every four years.

- We pay our mortgage every month.

* ~~one time~~ ~~once~~ ~~two times~~ ~~twice~~

one time ~~✓~~ ✓
once ~~✓~~ ✓
two times ~~✓~~ ~~✓~~
twice ~~✓~~ ✓

© Woodward English

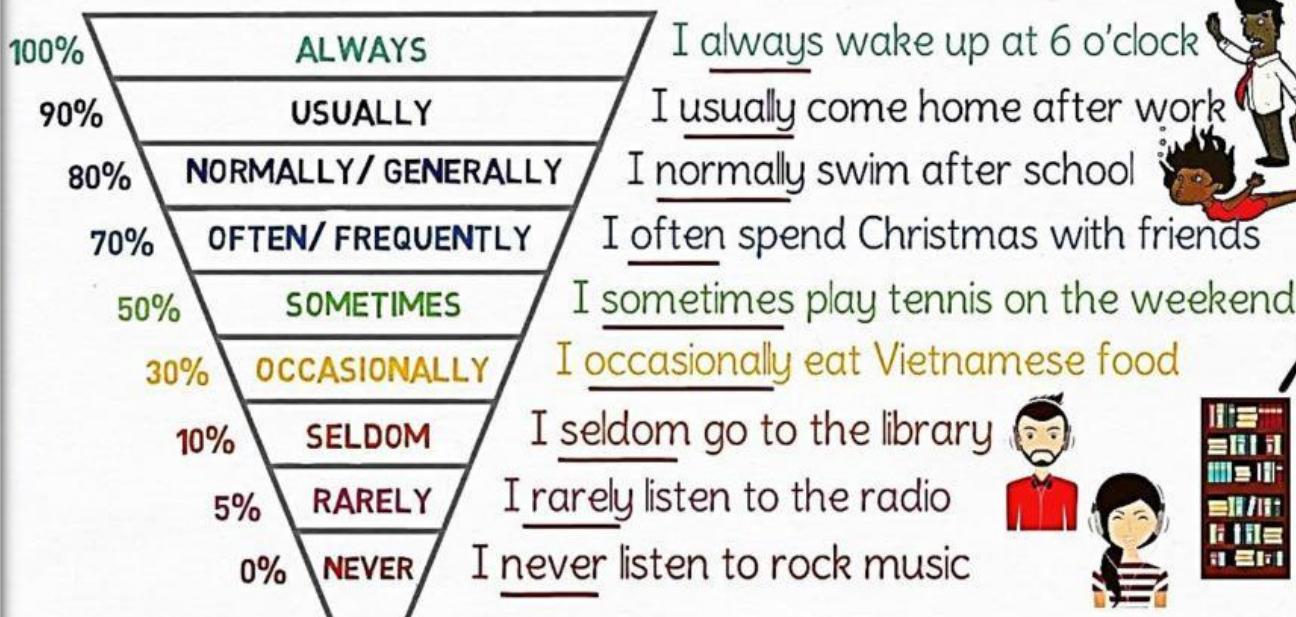
WATCH THIS **VIDEO**



<https://www.youtube.com/watch?v=Z-cYBbRAitE>

Adverbs of Frequency

An adverb of frequency tells us how often something takes place.



ADVERBS OF FREQUENCY

ADVERBS

EXAMPLES

100%

Always

Jenna **always** talks too loud.

90%

Usually

She **usually** sings in the shower.

80%

Normally

She doesn't **normally** arrive until ten.

70%

Often

I **often** feel a pain in my stomach.

50%

Sometimes

My eyes **sometimes** get red and itchy in the summer.

30%

Occasionally

She watches the kids for us **occasionally**.

15%

Seldom

I **seldom** go home after 5 o'clock in the afternoon.

5%

Rarely

The police **rarely** shoot to kill.

0%

Never

I **never** get to bed before 11.

Speaking Section





S-A

VS

S-B

TO USE A VIRTUAL DICE, PLEASE

CLICK HERE



Start	...watch a movie?	...travel by plane	...stay up late	Go forward 3 spaces	...travel by train?	Make your own question!	...read a comic book?	...talk to your boyfriend/girlfriend?	...eat breakfast in a restaurant?	...go to church?
sometimes		every day		never		usually		rarely		...take a shower in the evening?
...fall asleep in front of the TV?	...take an elevator?	Make your own question!	...drive a car?	...get up early?	...ride a horse?	...do your homework?	...play video games?	Make your own question!	Go back 2 spaces	
...visit your friends?	How often do you...									
...go shopping for new clothes?	Go forward 1 space	...read a book for pleasure?	Make your own question!	...write a letter?	...travel by boat?	Make your own question!	Go back 7 spaces	...go to a library?	...travel by bus?	
frequently	often		all the time		once in a while		always		...ride a bicycle?	
Finish!	...cheat on an exam?	...wear black shoes?	Go back 4 spaces	Make your own question!	...watch football on TV?	...send an email?	...smile?	Go forward 2 spaces	Make your own question!	

TO USE A VIRTUAL DICE, PLEASE

CLICK HERE

S-A

VS

S-B



do

see/go

buy

drive

drink

have

brush

go to

read

take

make

give

ride

go

eat

drink

look in the

do

sleep/go

hold

go

ride

visit

have/take

play

eat

get up late

watch

wear

take

eat

play

travel

Start

Finish

How often do you...?

Remember
How often do you + infinitive (V1)
e.g. How often do you play this game?

Once in a blue moon

Board Game

100%
always
usually
often
sometimes
not often
never
0%

once
twice
3 times
Every hour, day, week, month, year...

Every other day

LIVEWORK

Start

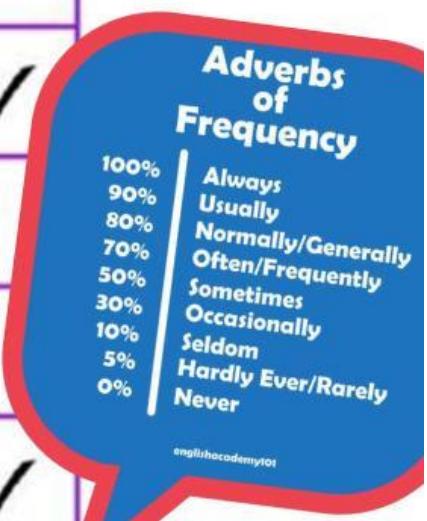
INSTRUCTIONS: INTERVIEW A CLASSMATE, TAKE NOTES AND THEN TALK ABOUT HIM/ HER

Student-A	Questions	My classmate's name
	Notes	
	How often do you eat fish?	
	How often do you drink milk?	
	How often do you watch TV?	
	How often do you eat dog meat?	
	How often do you ride a bike?	
	How often do you go swimming?	
	How often do you drink tea?	
	How often do you eat in a toilet?	
	How often do you read books?	
	How often do you brush your teeth?	
	How often do you take a shower?	
	How often do you wash your face?	
	How often do you see a doctor?	
	How often do you practice English with your classmates?	
	How often do you go to the beach?	
	How often do you stay at a hotel?	

Student-B	Questions	My classmate's name
	How often do you go to a cinema?	Notes
	How often do you eat popcorn?	
	How often do you watch TV?	
	How often do you watch sci-fi's?	
	How often do you watch action movies?	
	How often do you watch Chinese movies?	
	How often do you watch romantic movies?	
	How often do you play computer games?	
	How often do you watch comedies?	
	How often do you watch horror movies?	
	How often do you write stories?	
	How often do you read story books?	
	How often do you watch ghost movies?	
	How often do you watch movies in English?	
	How often do you drink coke?	
	How often do you do exercises?	

INSTRUCTIONS: Work with a classmate and use the chart below to talk about what each person does during the week. USE ADVERBS OF FREQUENCY for this activity only.

NAME	ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sara		✓	✓	✓	✓	✓
Jim and Sue			✓		✓	
Mary			✓			
You		✓				✓
Peter		✓		✓		✓
Mike		✓		✓		✓
Katty		✓	✓	✓		✓
we		✓	✓	✓	✓	



Role Play



Instructions: Make a conversation about any of the following contexts:

1. Work
2. Friends
3. Family



★ USE FREQUENCY ADVERBS / DO NOT write nor read your dialogue.

 **LIVEWORKSHEETS**