Sally Webster

Nurse Practitioner

CONTACT DETAILS

07777777777

sallywebster@standup.com

Oxford

CORE SKILLS

- Administering medication
- Acute care expertise
- Diagnostic Testing
- Treatment plan development
- Medication Administration
- Diabetes and nutrition treatments
- Compliance reporting expert
- Clinical Documentation
- Patient and family advocacy

PROFESSIONAL PROFILE

Compassionate and committed Nurse Practitioner with 4 years fully qualified experience, alongside a successful history of diagnosing and treating a variety of common health conditions. Adept at critical care and management with training in patient education and leadership. Committed to increasing the quality of patient care through top-of-the-line time management and prioritisation. Highly qualified and board certified, driven to build strong relationships with patients and families.

CAREER SUMMARY

Jun 2021 - Present — **ABC Nursing, Oxford**
Nurse Practitioner

Outline

Led a team of 15 nurses within a busy doctor's surgery, delivering medical care to patients including diagnosing and treating a variety of conditions and illnesses.

Key Responsibilities

- Assessed patients to determine individual needs and develop care plans in coordination with multidisciplinary healthcare professionals.
- Used EMR to create detailed patient reports on patient's condition status and treatments received.
- Executed patient satisfaction and independence by promoting self-nursing skills and knowledge of medications.
- Discussed proposed surgical procedures, risk and potential complications with supervising physician and patient to obtain proper patient informed consent.
- Recruited, hired, led training and managed budget for class of 8 LPNs annually.
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities to support health and comfort of patients.
- Offered continuous review of patients from admission to discharge.
- Liaising with patient families and medical specialists to raise concerns and gain extra support where needed
- Providing preventative care such as running clinics for immunisations including diabetes management and COVID-19

Key Achievements

- Ranked highest in patient satisfaction scores over a course of several months and continually achieved higher than 95 percent on patient satisfaction surveys, resulting in more clients joining the surgery.
- Successfully mentored 15+ new NPs to help achieve goals and deliver exceptional health care, resulting in a 62% decrease in patient wait time.

Jan 2019 - May 2021 — **Family Health Service, Oxford**
Family Nurse Practitioner

Outline

Provided direct medical care in Family Health Clinic through exemplary consultation, constant coordination, and timely referrals for a diverse multigenerational patient population with a wide range of clinical issues.

LIVEWORKSHEETS

Key Responsibilities

- Worked in women's health services providing counselling on reproductive issues and assisting with family planning needs.
- Provided preventive care such as well-child checks, adult physicals and gynaecological examinations.
- Performed patient physicals and compared and contrasted results with established medical records to provide proper diagnosis and facilitate appropriate treatment.
- Educated and guided patients on disease prevention and healthy lifestyle habits to prevent Type-2 diabetes and other complications.
- Coordinated referrals for specialty services and additional care.
- Served as lead health care provider and office manager for 58-patient family clinic.

Key Achievements

- Delivered a high standard of medical care which increased patient satisfaction rates by 8%.

Dec 2017 - Dec 2018 **Hospital C, Oxford**
Family Nurse Practitioner Student

Outline

Working alongside the Senior Nurse Practioner to provide high-quality care for patients in an inner-city hospital with diversified needs in an 82-bed acute department.

Key Responsibilities

- Transported patients between unit rooms and scanning locations for diverse procedures.
- Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern.
- Completed skilled phlebotomy tasks to obtain needed biological specimens for laboratory testing.
- Administered close patient care, checked vital signs and monitored telemetry.
- Delivered exceptional care to patients by helping with mobility and daily living requirements.
- Used first-hand knowledge and clinical expertise to advocate for patients under care and enacted prescribed treatment strategies

Nov 2016 - Nov 2017 **Hospital D, Oxford**
Nurse Practitioner Intern

Outline

Based in a busy Oxfordshire Hospital dealing directly with a range of patients to diagnose and treat conditions such as Influenza, Strep A and UTIs.

Key Responsibilities

- Implemented and monitored effectiveness of interventions to assist patients in regaining and maintaining optimal health.
- Referred patients to medical specialists and coordinated patient care with social workers, case managers and mental health professionals.
- Processed lab tests for influenza, strep A and urinary tract infections.
- Ordered and interpreted laboratory and diagnostic tests to provide appropriate follow-up care.
- Established effective relationships with patients and families by respecting patient rights and involving patients and families in decision making.

EDUCATION

- **MSc: Advanced Nurse Practitioner** | Oxford School | 2015 - 2016
- **BSc (hons): Adult Nursing** | Oxford School | 2012 - 2015

ADDITIONAL

Additional

Registered Member of the Nursing and Midwifery Council - License Number #1234567

LIVEWORKSHEETS

Sally Barnes

Senior Staff Nurse

CONTACT DETAILS

0777777777

sally.burnes@gmail.com

CORE SKILLS

- Adult Nursing
- Health Promotion
- Communication Skills
- Patient Care
- Infection Control
- Clinical Leadership
- Geriatric Care
- Ward Management
- Medical Procedures

PROFESSIONAL PROFILE

With extensive knowledge of health care services, is highly experienced in the delivery of individual care plans whilst working in conjunction with community and local authority teams. Demonstrates strong leadership qualities with the ability to conduct patient assessments, supervise the provision of safe and compassionate care, and evaluate care effectiveness. Acts with integrity and in the best interest of patients while ensuring compliance with trust policies and NMC guidelines to promote ward efficiency and the delivery of operational excellence.

CAREER SUMMARY

Jan 2017 - Present **Hospital A**
Staff Nurse - Adult Acute Assessment

Outline

Delivering exemplary care within a 28-bedded geriatric ward to elderly patients presented with acute to chronic health problems.

Key Responsibilities

- Providing care for elderly patients, managing acute to chronic health issues, and assessing and evaluating individual patient requirements
- Ensuring the timely and accurate completion of all administration and documentation related to patient case and medication management including oral and intravenous medication such as syringe drivers.
- Acting in the best interest of patients while ensuring compliance with trust policies and NMC guidelines
- Conducting patient assessments, planning and supervising the safe and compassionate delivery of care and carrying out evaluations on care effectiveness when required.
- Collaborating closely with multidisciplinary teams and promoting effective and empathetic communication with patients and relatives
- Providing high standards of patient care and focusing on specific care requirements for patients presenting with complex health problems such as Alzheimer's Disease and Dementia
- Working in liaison with OT and PT to co-facilitate group and individual therapeutic programmes for elderly patients which included the preparation of treatment plans with GP and care planning reports
- Delivering advice to patients concerning diet and lifestyle commitments to complement the medication required for recovery

Apr 2010 - Present **Hospital B**
Senior Staff Nurse

Outline

Managing an 18-bedded ward as a part-time, flexible Staff Nurse and providing care to a range of patients admitted from A&E requiring further investigation.

Key Responsibilities

- Making informed decisions relating to care management, leading to hospital admission and the implementation of key clinical policies

LIVEWORKSHEETS

- Providing ward leadership for health care assistants and junior staff to ensure the close monitoring of patients with suspected cardiac problems requiring the utilisation of telemetries (cardiac monitoring)
- Taking an active intervention in patient care during cardiac arrests, performing ECGs and the administration of emergency cardiac medication
- Preparing, monitoring and managing patient treatment plans and discharge plans, and liaising with ward teams including bed managers and discharge co-ordinators

Jun 2015 - Jan 2017 **Hospital C**
Community Nurse

Outline

Provided unprecedented care to a group of patients within their own homes and handles a wide range of patient requirements including diabetes, syringe driver and leg ulcer management.

Key Responsibilities

- Performed dopplers for leg ulcer management and prevention within both residential and nursing homes and performed dopllers and compression bandaging.
- Provided healthcare assistance and support related to the management and prevention of pressure ulcers within residential and nursing homes.
- Managed post-operative patients within their own home, implemented care plans and assessments and carried out the management of post-operative wounds.

Apr 2012 - Dec 2013 **ABC Community**
Community Nurse

Outline

Provided unparalleled care relating to diabetes syringe driver and leg ulcer management to a group of patients with wide-ranging health care requirements.

Apr 2010 - Mar 2012 **Hospital D**
Senior Staff Nurse

Outline

Providing clinical leadership in a 31-bedded male surgical ward, specialising predominantly in urology care including pre- and post-operative patients.

Dec 2009 - Feb 2010 **ABC Nursing**
Staff Nurse (Band 5)

Jun 2009 - Sep 2009 **ABC Hospital Nursing**
Staff Nurse (Band 5)

EDUCATION

- **Diploma in Adult Nursing** | Adult Nursing School
- **Professional Registration** | Nursing & Midwifery Council (NMC)
  Royal College of Nursing (RCN)

LIVEWORKSHEETS

Emma O'Conner | Student Nurse

Location: **Liverpool**
Telephone: **07777777777**
Email: **Emma@EmmaOConner.com**

Professional Profile

'A recently qualified Adult Nurse with a strong commitment to providing high quality patient-centred holistic care, while developing current nursing knowledge, skills and experience gained as a student'

As a patient-focussed and ambitious Student Nurse I offer a combination of diverse clinical experience, academic excellence, compassion, leadership, and strong interpersonal skills. I am seeking a first post in general medicine nursing where I can utilise and expand on my proven skills in triage, daily care, and problem solving. I am dedicated to providing quality, cost-effective and evidence-based care to help patients achieve optimal outcomes and have a passion for learning and growing professionally within a dynamic healthcare environment.

Core Skills

- Patient care
- Medical clinical procedures
- Wound care
- Broad medical terminology
- Electronic health documentation
- IV administration and management
- Diagnostic testing and result analysis
- Medication and treatment administration
- Broad medical terminology knowledge
- Registered member of the NMC

Education

- **Registered Member of the Nursing and Midwifery Council**
- **BSc (hons) Adult Nursing (predicted 2:1) –** Liverpool University – 2021
- **Access to Higher Education Diploma in Nursing (Distinction) –** Liverpool College – 2018
- **12 x GCSEs (grades A-C) –** Liverpool School – 2016

Career Summary

Sept 2018 – Mar 2021 **Liverpool NHS Trust, Liverpool**
Student Nurse (University Placements)

Outline
Completed several clinical placements across Liverpool NHS Trust, as part of the BSc (hons) Adult Nursing degree. Provided care in line with the patients care plan and under supervision of a Senior Registered Nurse in areas including mental health, general surgery, accident and emergency, and general medicine.

Accident and Emergency (Management experience placement)
Key Responsibilities

- Supported a variety of patients including young children, the elderly, end of life patients, disabled individuals, and pregnant women, with a variety of conditions from minor injuries, severe allergic reactions, cardiac pain, drug overdose etc.
- Conducted initial patient examinations to determine the patient's condition
- Received patients that have been brought in by ambulance including checking in patients and assisting with triage work
- Applied dressings and administered pain relief, antibiotics and other medications as required
- Worked closely with doctors and other members of the team to keep patients and their family members updated on test results or treatment recommendations
- Planned for patients to be admitted to the hospital for one night or longer
- Referred patients to other departments such as osteopathy, radiology, and cardiology
- Maintained detailed and accurate patient records
- Completed all necessary discharge paperwork
- Maintained exemplary care standards in accident and emergency

Achievements:

- Spot checks for triaging patients, including taking and recording vital signs and patient history, resulted in 99.8% correct results.
- Received consistent positive evaluation scores of over 96% for patient education.

LIVEWORKSHEETS

Surgical Unit

Key Responsibilities

- Ensured patients were fully informed about the risks and benefits of their upcoming operation and ensured they are in a good state of health for surgery
- Provided patients with detailed information about the operation and answered any follow up questions with accuracy
- Assessed patients prior to their surgery, to ensure they were able to receive their anaesthetic
- Supported the anaesthetist by preparing specialist equipment, devices, and drugs
- Prepared all the necessary complex instruments and equipment used within the surgery including microscopes, lasers, and endoscopes
- Worked with the surgeon to provide instruments, needles, swabs, and other materials as required
- Provided post-operative support, care and treatment until the patient has recovered from the effects of the anaesthesia and/or surgery
- Monitored patients and assessed their condition to ensure they can be discharged back to the ward

Achievements:

- Assisted patients with surgical preparation, receiving 96% positive feedback from patients for compassion.
- Sterilised surgical instruments and prepared surgical trays for use in theatre, scoring 100% during all spot checks.

General Medical Unit

Key Responsibilities

- Assessed patients of all ages and with a variety of health conditions
- Maintained accurate patient records including medical histories and symptoms
- Monitored patient's health or recovery while recording their observations
- Administered medications and treatments
- Worked closely with the wider multi-disciplinary team to create uniquely tailored patient-care plans
- Completed a variety of diagnostic examinations and analysed the results
- Educated patients and their families on how to follow their prescribed treatment and recovery plan once discharged
- Planned patient discharge including liaising with GPs and social services if applicable

Achievements:

- Worked closely with patients to improve mobility and prevent skin breakdown, resulting in a 10% lower bedsore rate than average across a 60-bed ward.

Mental Health Unit

Key Responsibilities

- Worked with patients in a variety of environments including hospital wards, homes, outpatient departments, residential units, and community drop-in centres
- Provided effective care for patients with acute mental health conditions
- Administered medication and treatments
- Monitored and analysed the results of ongoing medication and treatment
- Supported patients to de-escalate stressful situations and overcome challenges
- Worked closely with patients' families and other care staff to offer advice and information around a variety of mental health conditions
- Maintained accurate and detailed patient records including care plans and risk assessments

Achievements:

- Commended by the Lead Mental Health Registered Nurse for compassion and support towards several challenging patients with acute mental health conditions.

References available on request

LIVEWORKSHEETS

Abigail Evans | Surgical Nurse

Manchester
07777777777
abigail@abigailevans.com

Professional Profile

Dedicated Surgical Nurse with significant experience providing patient centred care as part of a dedicated surgical team. Operating room scrub and circulation experience with specialties including laparoscopic procedures, orthopaedics, vascular, transplants, and cardiac procedures. Specialises in providing preoperative assessments, handling instruments, monitoring patient conditions and aiding with procedures under the direction of the Surgeon.

Core Skills

- General and outpatient surgery
- Trauma response
- Laparoscopic general surgeries
- Anaesthesia administration
- Quality patient care services
- Surgical preparation
- Infection prevention
- Isolation precautions
- Registered Member of the NMC
- Registered Member of the AfPP

Career Summary

Jan 2018 - Present | **St John's Medical Trust, Manchester**
Surgical Nurse

Outline

Working for St John's Medical Trust as part of the Surgical Team. Responsible for managing the care of adult patients within the surgical suite, supporting with procedures related to a wide variety of medical diagnoses.

Key Responsibilities

- Assist the Surgeon during procedures including passing requested sterile instruments and sponges as required
- Ensure the surgical suite was full prepared for scheduled surgeries, including ensuring that all surgical instruments were properly sterilised and laid out
- Review the surgical suite checklist to ensure all the necessary equipment and supplies were available
- Calm and comfort patients while preparing them for surgery
- Prepare aesthetic and recovery rooms for patients before and after surgery
- Monitor the condition of each patient during surgical procedures and initiated corrective actions following receipt of information from monitoring equipment
- Collaborate with the wider surgical team to ensure the highest safety and surgical standards for the patient

Key Achievements

- Complied with rigorous standards of patient care, maintaining a 97% compliance rate.
- Reviewed and improved surgical suite preparation guidelines which resulted in a 25% reduction in errors.
- Rated 95%+ by the surgical lead on measures of efficiency, patient interaction, attention to detail, and problem-solving.

Jun 2013 - Dec 2017 | **St Helen's Central Hospital, Manchester**
Staff Nurse

Outline

Responsible for the provision of responsive, compassionate and person-centred care to all patients on a busy 60-bed ward at St Helen's Central Hospital, contributing to a high standard of patient care.

Key Responsibilities

- Administered medications intravenously, rectally, orally, subcutaneously and intramuscularly

LIVEWORKSHEETS

- Oversaw individual patient's pain management plans
- Completed invasive and non-invasive procedures such as the insertion and management of central lines, arterial lines, PICC lines and Foley catheters
- Worked closely with the wider multidisciplinary team to ensure the patient receives the correct and best care

Key Achievements

- Reviewed and amended the process of evaluating individual patient care needs including treatment prioritisation, reducing the average amount of time taken from admitting to discharging each patient by 37hrs over 2 years.
- Designed and implemented strategies to improve overall patient satisfaction, resulting in a 12% increase in average patient satisfaction score for 2016.

Sep 2010 - May 2013 **Manchester NHS Trust, Manchester**
Student Nurse (University Placements)

Outline

Completed several clinical placements across Manchester NHS Trust, as part of the BSc (hons) Adult Nursing degree. Provided care in line with the patients care plan and under supervision of a Senior Registered Nurse in areas including general surgery, accident and emergency, and general medicine.

Key Responsibilities

- Ensured patients were fully informed about the risks and benefits of their upcoming operation and ensured they are in a good state of health for surgery
- Provided patients with detailed information about the operation and answered any follow up questions
- Assessed patients prior to their surgery, to ensure they were able to receive their anaesthetic
- Supported the anaesthetist by preparing specialist equipment, devices, and drugs
- Prepared all the necessary complex instruments and equipment used within the surgery
- Worked with the surgeon to provide instruments, needles, swabs, and other materials as required
- Provided post-operative care and treatment during recovery from the anaesthesia and/or surgery
- Monitored patients and assessed their condition to ensure they can be discharged back to the ward

Key Achievements

- Assisted patients with surgical preparation, receiving 96% positive feedback from patients for compassion.
- Sterilised surgical instruments and prepared surgical trays for theatre use, scoring 100% during all spot checks.

Education

- **Theatre Nursing and Perioperative Care Course** | AfPP | Sep 2017 - May 2019
- **BSc (hons) Adult Nursing (2:1)** | Manchester University | Sep 2010 - May 2013
- **Access to Higher Education Diploma in Nursing (Distinction)** | Manchester College | Sep 2008 - May 2010
- **12 x GCSEs (grades A-C)** | Manchester School | Sep 2006 - May 2008

Additional

Registered Member of the Nursing and Midwifery Council (NMC)
#1234567, renews May 2025

Registered Member of the Association for Perioperative Practice (AfPP)
#9876543, renews September 2027

LIVEWORKSHEETS