

**Agrupamento de Escolas de Montemor-o-Novo**
**Sala de Estudo "Follow Me" – 9º ANO**
**09 novembro de 2023**
**I – Vocabulary: 1 – Match the following addictions / problems with the pictures:**

1 - alcohol abuse	2 - bullying / peer pressure	3 - smoking	4 - depression	5 - drug abuse
6 - eating disorder	7 - gambling	8 - gaming	9 - vaping	10 - excessive exercising


**2 – Match the following health conditions with the pictures:**

backache	dizziness	earache	fever	headache
insomnia	nausea	rash	sore throat	toothache


**3 – Read Jackie Goldschneider's testimony, who suffered from anorexia, and complete the blank spaces with these words:**

difficult	stop	die	horrible	silence
thin	help	sick	moment	calories



"I couldn't \_\_\_\_\_," she said. "I would do excessive exercise no matter what, even if I was \_\_\_\_\_ with fever. I weighed everything that I would eat because I had to know I had the right amount of \_\_\_\_\_. I learned really creative ways to satisfy hunger without eating. I got very \_\_\_\_\_ and I became so scared of putting any weight back on."

There was one \_\_\_\_\_ in my life that I thought "I'm going to \_\_\_\_\_ if I don't stop." "I'm really proud of coming out of the other side because it was so \_\_\_\_\_," she says. "It's really not a way to live. It's \_\_\_\_\_! It was absolutely horrible. And I'm hoping that I can \_\_\_\_\_ people out there like me, who usually just suffer in \_\_\_\_\_. Because I wish I knew that one day, I'd get through it."

**II. Grammar: 1** – Insert the following **time expressions** into the right column:

already	in 2011	last week	just
yesterday	yet	since	2 years ago

PAST SIMPLE	PRESENT PERFECT

**2** – Complete the sentences with the **PAST SIMPLE**:

- 1 – Yesterday I \_\_\_\_\_ (**meet**) my friends and we \_\_\_\_\_ (**play**) video games.
- 2 – \_\_\_\_\_ you \_\_\_\_\_ (**see**) the documentary about eating disorders last night?
- 3 – You \_\_\_\_\_ (**not have**) fever last night, did you?
- 4 – My parents \_\_\_\_\_ (**take**) to the doctor yesterday.
- 5 – I \_\_\_\_\_ (**try**) to stop smoking two years ago.

**3** – Complete the sentences with the **PRESENT PERFECT**:

- 1 – I \_\_\_\_\_ (**not see**) you lately.
- 2 – Where \_\_\_\_\_ you \_\_\_\_\_ (**be**)?
- 3 – My sister \_\_\_\_\_ (**buy**) a new iPhone.
- 4 – The students \_\_\_\_\_ already \_\_\_\_\_ (**study**) for the test.

**4** – Complete the sentences with the **PAST SIMPLE** or the **PRESENT PERFECT**:

- 1 – We \_\_\_\_\_ (**travel**) to Paris two years ago.
- 2 – They \_\_\_\_\_ (**just / arrive**) from school.
- 3 – Your sister \_\_\_\_\_ (**not write**) the school project yet.
- 4 – Last night I \_\_\_\_\_ (**not sleep**) well.
- 5 – My parents \_\_\_\_\_ (**swim**) very well when they were young.
- 6 – I \_\_\_\_\_ (**never / eat**) vegetarian food in my life.
- 7 – \_\_\_\_\_ (**you / ever / drive**) a Ferrari?
- 8 – Marianne \_\_\_\_\_ (**make**) a delicious cake yesterday.
- 9 – My friends \_\_\_\_\_ (**be**) my biggest support.
- 10 – Clara \_\_\_\_\_ (**not meet**) me at the cinema last night.