

Agrupamento de Escolas de Montemor-o-Novo
Sala de Estudo "Follow Me" – 9º ANO
09 novembro de 2023

I – Vocabulary: 1 – Match the following addictions / problems with the pictures:

1 - alcohol abuse	2 - bullying / peer pressure	3 - smoking	4 - depression	5 - drug abuse
6 - eating disorder	7 - gambling	8 - gaming	9 - vaping	10 - excessive exercising



2 – Match the following health conditions with the pictures:

backache	dizziness	earache	fever	headache
insomnia	nausea	rash	sore throat	toothache



3 – Read Jackie Goldschneider's testimony, who suffered from anorexia, and complete the blank spaces with these words:

difficult	stop	die	horrible	silence
thin	help	sick	moment	calories



"I couldn't _____," she said. "I would do excessive exercise no matter what, even if I was _____ with fever. I weighed everything that I would eat because I had to know I had the right amount of _____. I learned really creative ways to satisfy hunger without eating. I got very _____ and I became so scared of putting any weight back on."

There was one _____ in my life that I thought "I'm going to _____ if I don't stop."
 "I'm really proud of coming out of the other side because it was so _____," she says.
 "It's really not a way to live. It's _____! It was absolutely horrible. And I'm hoping that I
 can _____ people out there like me, who usually just suffer in _____.
 Because I wish I knew that one day, I'd get through it."

II. Grammar: 1 – Insert the following **time expressions** into the right column:

already	in 2011	last week	just
yesterday	yet	since	2 years ago

PAST SIMPLE	PRESENT PERFECT

2 – Complete the sentences with the **PAST SIMPLE**:

- 1 – Yesterday I _____ (**meet**) my friends and we _____ (**play**) video games.
- 2 – _____ you _____ (**see**) the documentary about eating disorders last night?
- 3 – You _____ (**not have**) fever last night, did you?
- 4 – My parents _____ (**take**) to the doctor yesterday.
- 5 – I _____ (**try**) to stop smoking two years ago.

3 – Complete the sentences with the **PRESENT PERFECT**:

- 1 – I _____ (**not see**) you lately.
- 2 – Where _____ you _____ (**be**)?
- 3 – My sister _____ (**buy**) a new iPhone.
- 4 – The students _____ already _____ (**study**) for the test.

4 – Complete the sentences with the **PAST SIMPLE** or the **PRESENT PERFECT**:

- 1 – We _____ (travel) to Paris two years ago.
- 2 – They _____ (just / arrive) from school.
- 3 – Your sister _____ (not write) the school project yet.
- 4 – Last night I _____ (not sleep) well.
- 5 – My parents _____ (swim) very well when they were young.
- 6 – I _____ (never / eat) vegetarian food in my life.
- 7 – _____ (you / ever / drive) a Ferrari?
- 8 – Marianne _____ (make) a delicious cake yesterday.
- 9 – My friends _____ (be) my biggest support.
- 10 – Clara _____ (not meet) me at the cinema last night.