

1 Przeczytaj tekst. Dobierz właściwy nagłówek (A–G) do każdego fragmentu tekstu (1–5). Uwaga: dwa nagłówki zostały podane dodatkowo i nie pasują do żadnego fragmentu tekstu.

A The first conclusions	D Not only emotions
B Hugging therapy	E A desire to know more
C Speaking through hugs	F A complicated experiment
	G A mixture of feelings all in one place

1 _____

Hugging is a particularly intimate and intense way of expressing emotions. It is also natural for every human being to need hugs from time to time. But research shows that our hugs vary as a result of several different factors. These include the emotions experienced at the time or who and why we are hugging. A team of psychologists have conducted a study in order to examine one particular aspect of hugging. They wanted to check why some hugs are made from the left hand side and some from the right hand side.

2 _____

First, the scientists observed the embraces that take place at international airports. Why there? Because they assumed that they would see individuals experiencing contrasting emotions in the same location. At the departures gate, many travellers exhibited negative emotions when saying goodbye to their families and worrying about the flight. At the arrivals gate, their emotions were usually the opposite when they saw their loved ones again.

3 _____

The researchers came to the conclusion that people prefer right hand sided hugs when sharing positive emotions and choose left hand sided hugs when experiencing negative ones. But what if they choose the right hand side because they are right handed and this side is more comfortable for them?

4 _____

In order to answer this question, scientists asked a large group of test participants to embrace a mannequin. However, first they had to listen to a funny, sad or neutral story. It was essential to check beforehand if people were right or left-handed. The conclusion was that it is a combination of both our feelings and our handedness that determines how we hug others.

5 _____

Hugs build trust and help conquer feelings of loneliness, isolation and anger. There are also some health benefits. It is said that as a result of hugging someone for a few seconds, hormones are released that may temporarily reduce blood pressure. So, no matter if you do it from the right hand side or the left hand side, it's important to hug your friends and family from time to time!

2 Complete the sentences with the correct words. The first letters have been given.

- 1 The term *Ms* does not reveal the **m**_____ status of a woman.
- 2 What is your country of **r**_____?
- 3 **O**_____ people are advised to exercise more and eat less.
- 4 Some people think nose **p**_____ is trendy and cool.
- 5 Mr Grant appeared dressed in a white shirt and a dark **w**_____ with a pen in the breast pocket.

3 Choose the correct words to complete the sentences.

- 1 Ryan is always **sensitive / sensible** to whatever his schoolmates say about him.
- 2 She's so **stubborn / naive**. She believes every TV commercial.
- 3 My granny often forgets what a word means, which makes her feel **brave / confused**.
- 4 I'm **envious / horrified** of Brad's awesome ability to always make the right decision.
- 5 The bank was closed down amid allegations of **corruption / euthanasia** and fraud.

4 Przeczytaj tekst. Z podanych odpowiedzi wybierz właściwą, tak aby otrzymać logiczny i gramatycznie poprawny tekst. Zakreśl A, B lub C.

Are you interested in fashion? Does a modelling career (1) _____ to you? If so, first learn to walk (2) _____ a catwalk model. If you're a woman, it's helpful to work on your walking technique while wearing high heels, always keeping one foot in front of (3) _____. Next, learn (4) _____ your face focused and balanced. And finally, (5) _____ your walk to your personality. And don't worry, practising is half the fun!

1 A appeal	2 A as	3 A another	4 A keep	5 A fit
B appear	B like	B other	B to keep	B match
C apply	C as if	C the other	C keeping	C suit

5 W zadaniach 1–5 spośród podanych odpowiedzi (A–C) wybierz tę, która jest tłumaczeniem fragmentu podanego w nawiasach, poprawnie uzupełniającym lukę. Zakreśl A, B lub C.

1 When it comes to my personality, I _____ (<i>jestem zupełnie jak</i>) my father more.	4 If you want to look slimmer, you'd better _____ (<i>ograniczyć</i>) on fast food.
A take after	A cut across
B look like	B cut down
C go with	C cut out
2 She doesn't want her clothes _____ (<i>były podobne do</i>) her friends'.	5 My sister never plays games. She says it's not her _____ (<i>dziedzina zainteresowań</i>).
A to look as if	A glass of water
B to be different from	B piece of cake
C to be similar to	C cup of tea
3 Adele _____ (<i>robi silne wrażenie na</i>) her audience.	
A is under a strong impression of	
B makes a strong impression on	
C shares a strong impression with	

6 Choose the correct words to complete the sentences.

- When writing a postal address, don't forget to add the **postcode / nationality**. These few digits will help with sorting the mail.
- He seems to have a liking for **plain / dental** quiet women.
- It was found that fibre supplements helped **shapely / chubby** people lose, on average, about 3 kilos.
- Mr Farmer, a bald man with a thick black **crew cut / goatee**, led us to the highest point of the village.
- I'm having my hair cut tomorrow. My **fringe / parting** is too long.

7 Replace the phrases in bold with a corresponding phrase in the box. There are two extra phrases.

big-headed * a collar * economical * pushy * courteous * a wet blanket * wellies

- We were all wearing raincoats and **high rubber boots** to avoid getting soaked. _____
- Luckily, I don't have to put on a white shirt with a **band that fits around the neck** tomorrow. There are no official meetings in my diary. _____
- My parents have always been extremely practical and **careful with spending money**. Some people go so far as to say that they are mean. _____
- Jacob is always helpful and **well-mannered**. Everybody respects him. _____
- My boss is **extremely determined to get what he wants**. _____

8 Uzupełnij drugie zdanie z każdej pary, tak aby zachowało sens zdania wyjściowego, nie zmieniaj przy tym podanych początków i zakończeń zdań. Uwaga: w każdą lukę można wpisać od dwóch do pięciu wyrazów.

- Ben has been sad and depressed ever since Molly broke up with him.

Ben has been dumps ever since Molly broke up with him.

2 I was more than happy when my parents let me go on the trip.
I moon when my parents let me go on the trip.

3 Telling her that she doesn't fit in with our group was really unfair.
Telling her that she doesn't fit in with our group belt.

4 To solve this task you have to think carefully.
To solve this task you have to put on.

5 Some passengers got furious when the flight was cancelled.
Some passengers handle when the flight was cancelled.

9.

29 Complete the sentences using the infinitive or the -ing form of an appropriate verb.

- 1 His lawyer advised him ...**to take**... the journalist to court.
- 2 I wouldn't advise that dog - it might bite you.
- 3 The boss doesn't encourage in the office. He's a non-smoker.
- 4 Why do you keep me such stupid questions?
- 5 I would offer you with the housework but I'm rather busy.
- 6 Students are not allowed during the exam.
- 7 They don't allow in this park because some boys used to ride around too fast.
- 8 I really hate caught in the rain.
- 9 Your childish behaviour is beginning me.
- 10 She is afraid the lift so she uses the stairs.
- 11 Remember the cat or she'll starve to death.
- 12 It's hot in here. Do you mind the window?
- 13 The bank manager agreed me £5,000.
- 14 She put off her bags until a few hours before her flight.
- 15 Our dog Timmy loves with his ball in the garden.
- 16 She wrote him a note to remind him his laundry at 2 o'clock.
- 17 Steven is exhausted because he isn't used to so much exercise.
- 18 She looked so funny in her new hat we couldn't help
- 19 You should practise this tune on the piano until you perfect it.
- 20 I regret you that your bank account is overdrawn.

Miejsce na odpowiedzi do zadania 9.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	