

Complete the paragraph using affirmative and negative imperative forms of the verbs.



To be healthy, \_\_\_\_\_ a lot of fruits and vegetables. \_\_\_\_\_ milk before you go to bed to grow taller. \_\_\_\_\_ more to places for transportation. \_\_\_\_\_ fast food, it's bad for you. \_\_\_\_\_ well, a good night's sleep is important. \_\_\_\_\_ sports with friends and \_\_\_\_\_ bicycle. \_\_\_\_\_ jogging more often. \_\_\_\_\_ your doctor for regular checkups.