English File Upper-intermediate

NAME CLASS

Progress Test Files 1–5
Grammar, Vocabulary, and Pronunciation A

GRAMMAR

1 Complete the sentences. Use the correct form of the verb in brackets.

Example: *Have* you ever *been* (go) to Berlin?

1 We _____ (climb) for about an hour when the fog came down.
2 'Ellie doesn't like using Skype.' 'Neither _____ (do) Karl and I – we prefer the phone.'
3 I _____ (not read) your report yet. Could you call me back in half an hour?
4 Had my driving test been on a rainy day, I doubt I _____ (pass) it.
5 Scientists say that by 2030, the area _____ (run out) of fresh water.
6 These boots are really uncomfortable. I wish I _____ (not wear) them right now.
7 The solar panels will start working as soon as we _____ (install) them.
8 Emma wishes she _____ (speak) German. Her company is sending her to Vienna.
9 When I got to the train station, I realized I _____ (leave) my wallet at home.
10 Sam _____ (recycle) bottles when he dropped one and cut his foot.
11 This time tomorrow we _____ (swim) in the sea in Mallorca.
12 How long _____ (stand) here? Are you still waiting for your luggage?
13 You should go to the doctor's if you _____ (have) headaches on and off for over a month.
14 Why are you wearing a bandage? _____ you _____ (break) your arm?
15 If I _____ (be) you, I would ask them to raise my salary.
16 Who _____ (know) what really happened that night? It's still a mystery.

2 Order the words to make sentences.

Example: boots / yesterday / you / buy / did / sale / the / in / those / ?
Did you buy those boots in the sale yesterday?

1 get / sooner / the / there / we'll / take / quicker / , / we / off / the

2 such / decided / barbecue / weather / have / it / hot / we / a / was / to

3 hadn't / you / bet / trip / come / wish / camping / you / on / I / this

4 little / brown / bag / bought / lovely / Italian / yesterday / a / I

5 hardly / big / ever / for / we / time / breakfast / have / a

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6 the / as / soon / I'll / at / arrive / as / call / I / you / airport

7 is / have / where / do / reclaim / idea / baggage / you / any / the / ?

8 police / report / had / station / our / to / went / that / we / the / someone / car / to / stolen

9 I've / sure / laptop / I'm / left / where / my / not

10 badly / wasn't / , / accident / the / in / woman / injured / the / luckily

11 before / were / we'd / hiking / for / we / hours / realized / we / lost / been

12 occasion / buying / are / what / red / that / you / hat / for / big / ?

3 Underline the correct form.

Example: I like reading mystery stories, but my sister **does** / **doesn't**.

1 **The rich** / **The rich people** should pay a lot more tax than they do.
2 Your brother doesn't do extreme sports, **does** / **doesn't** he?
3 **A** My parents went to Malaysia last year.
B Did / **Have** they? I'd love to go there!
4 We had such **good** / **a good** time paragliding that we booked another session for next month.
5 I only speak a **little** / **bit** Japanese.
6 I wish my brother **wouldn't be** / **wasn't** so tall – it gives me neck ache to look up at him!
7 Take a coat in case it **gets** / **will get** chilly at the top of the mountain.
8 Come round at 7.30 – we'll **have had** / **be having** dinner by then.
9 **The British** / **British** are always talking about the weather.
10 Marco won't come to the meeting on time. He's **late always** / **always late**.
11 My sister doesn't eat meat, and neither **will** / **does** her husband.
12 I did **tell** / **told** you I was going away for the weekend. I remember mentioning it.

VOCABULARY

4 Complete the words in the sentences.

Example: I've had a **s***ore* throat for three days now. I'm going to see the doctor.

1 We're having another **h**_____ this month. It's been over 35 degrees for weeks.
2 Antonia is **a**_____ to eggs. She comes out in a rash if she eats any.

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3 Could everyone please **f**_____ in this form and return it to me as soon as possible?
4 I've never felt so much emotion before – I was completely **o**_____.
5 I'm sure Jackie will like your ideas. She's really **o**_____-minded.
6 The fog was so **t**_____ I could hardly see anything and I had to drive very slowly.
7 'Is your handbag made from real **l**_____?' 'No, it's vegan – it's made of plastic.'
8 I prefer an **a**_____ seat to a window seat on planes. I need a lot of legroom.
9 High blood **p**_____ can be a result of diet and / or lifestyle.
10 Are you absolutely sure you want to **t**_____ up skydiving?

5 Complete the sentences with the correct word(s).

Example: Viktor has *sprained* his ankle, so he can't walk very far.
ached sore sprained

1 I was horrified when Sam started _____ on that fish bone!
sneezing fainting choking
2 I'm so _____ that job interview's over – they asked some really tough questions!
relieved fed up offended
3 We thought we'd never be found, but as you can see, we _____ got rescued.
apparently eventually actually
4 Rabia's very _____. She always wears the latest clothes.
scruffy old-fashioned trendy
5 I just need to collect my suitcase from baggage _____ and I'll see you in Arrivals.
check-in drop-off reclaim
6 The weather has been really _____ recently. You never know what we're going to get next!
settled humid changeable
7 I was absolutely _____ when the festival was cancelled – I'd been really looking forward to it!
shattered disappointed gutted
8 Wow! I like that colour – it really _____ you!
suits matches fits
9 You won't get very wet if you leave now – it's only _____.
drizzling pouring damp
10 Which artists have most _____ your artwork?
impressed confused inspired

6 Underline the odd word out.

Example: temperature blister bandage rash

1 freezing chilly boiling cool

2 suit match fit undress

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3 injection operation treat burn

4 relieved offended desperate bewildered

5 checked loose plain striped

6 really a bit incredibly extremely

7 gradually eventually in the end basically

8 homesick fed up delighted devastated

9 press rub allergic pinch

10 long-haul turbulence direct connecting

7 Underline the correct word.

Example: Our hotel is **nearly** / **near** the beach.

1 I'm going to take **notice** / **advantage** of the dry weather and cut the grass.
2 I hate having to eat in a rush. I prefer to take my **easy** / **time**.

3 That dress was **specially** / **especially** designed for her.

4 We usually go on a camping trip **in** / **at** the end of July.

5 That restaurant's been open nearly a year and we **still** / **yet** haven't tried it.
6 I don't need to check anything in, I've only got hand **baggage** / **luggage**.

7 Holly's going to take **part** / **up** climbing. There's a course starting in April.
8 **Apparently** / **Ideally**, we'd like to find a cottage not too far from the sea.
9 It's just an informal event so there's no need to **get dressed** / **dress up**.

10 We've been working very **hard** / **hardly** recently. I hope things get easier soon.

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NAME CLASS

Progress Test Files 1–5
Grammar, Vocabulary, and Pronunciation A

PRONUNCIATION

8 Match the words with the same sound.

all**er**gic	scrat**ch**	c**augh**t	cr**ew**
dr**ou**ght	rel**ie**ved	espe**ci**ally	in**j**ury
l**y**cra	homesi**ck**	~~frustrate~~	

Example: r**u**b *frustrate*

pre**ss**ure_____

2 b**oar**ding_____

3 sh**ow**er _____

4 bu**dg**et _____

5 heada**ch**e_____

6 l**oo**se _____

7 h**u**rt _____

8 str**i**ped _____

9 **c**ello _____

10 br**ea**the _____

9 <u>Underline</u> the stressed syllable.

Example: <u>gla</u>|mour|ous

1 fa|shio|na|ble
2 poi|son|ing
3 a|ston|ished
4 re|ac|tion
5 in|fur|ia|ting
6 a|ppa|rent|ly
7 change|a|ble
8 tem|pera|ture
9 im|pressed
10 pa|ra|gli|ding

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Progress Test Files 1–5
Reading and Writing A

READING

1 Read the article. For questions 1–5, choose the correct answer (A, B, C, or D).

The future of smart clothing

Scientists have been developing smart clothing for medical purposes for some time, but now we're beginning to see it coming onto the market with a wider variety of uses. While it hasn't become popular just yet, it's likely we'll all be wearing smart clothing soon. Why? Because it allows technology to be part of our clothing whatever activity we're doing. Here are just a few examples.

Sports

A few years ago, we were all attaching smartphones, watches, and pedometers to our bodies to monitor our fitness and sporting performance. But the days of checking a device every few minutes at the gym are over. In future, your sports clothing will collect all the data you need, leaving you to concentrate on your performance. The newest technology features sensors which are fitted into your sports clothing. It can perform various tasks such as monitoring your heart rate and breathing, tracking the movement of your muscles, and counting the number of calories you've burned. Your data appears on a smartphone app which then designs your own personalized training programme.

Another invention which is likely to become popular is clothing which allows you to practise activities like yoga without an instructor. Specially designed fitness leggings have technology in them which vibrates at key points such as the hips, knees, and ankles. These are programmed to direct your movements, helping you get into the correct position, which prevents you from injuring yourself.

Work

Many people spend a large part of their week commuting to and from work. Several technology companies are working on creating 'connected clothing' to make that regular journey easier and more enjoyable. One particularly appealing commuter jacket has sleeves with built in sensors which are both touch and gesture sensitive. This allows the wearer to interact with online services during their commute, including maps and entertainment apps. They can use hand or arm gestures to get directions or dismiss phone calls without actually getting a phone out of their pocket. Similarly, a smart business suit has been developed. It is fitted with 'smart buttons' which allow the wearer to swap digital business cards, or engage with their smartphone, during business activities.

Fashion

A particular appeal of smart clothing is that it can be both stylish and practical. An innovative design team has developed a material which

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contains sensors that react to temperature and movement, and then respond by heating or lighting up. So, if it's cold, your footwear will become warm, and when it gets dark, your jacket will light up to ensure that you remain visible in traffic. The lightweight material works as a sensor which can be fitted to any clothing like a label. It contains metal inks which can conduct electricity. These inks connect to a battery and generate heat or light when they are required. Unsurprisingly, this new smart material has attracted the attention of several big clothing brands.

Smart clothing is not only useful and fashionable, it can allow its wearer to make money too. The sensors in your outfit can gather large amounts of data as you go about your daily life. This data is valuable to clothing brands because they can use it to develop better advertising. The clothing brands give wearers tokens, which can be used to purchase more products, in exchange for their data. Clever clothes that look great and can earn you money too, isn't that what we've all been waiting for?

1 According to the writer, smart devices that measure sporting performance ...
A are going to become more popular.
B will soon be a thing of the past.
C are not yet mainstream.
D do not provide accurate data.
2 What advantage do smart yoga leggings have in comparison to regular ones?
A They're more comfortable.
B They improve sleep quality.
C They are less expensive.
D They can prevent injury.
3 The commuter jacket is activated by ...
A smartphone app.
B voice.
C gesture.
D temperature control.
4 What innovation allows smart clothing to respond to temperature and light levels?
A metal inks
B a new app
C solar sensors
D a special battery
5 Smart clothing brands will reward customers if they ...
A test new clothing and write positive reviews.
B give the companies the personal data their clothing collects.
C promote the companies' clothing on social media.
D get a friend to buy a product too.

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2 Match five of the highlighted words to the definitions.

Example: technology that notices changes in the environment *sensors*

1 makes something, e.g. electricity or heat
2 new and clever
3 movements of the body
4 attractive
5 moves up and down or side to side very quickly

WRITING

Write an article for one of the following. Write 140–180 words.

1 What advice would you give to someone who was going for a job interview?
2 Write a short story about an experience you had while travelling or on holiday.
3 In your country, what is in fashion for young people at the moment?

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English File
Upper-intermediate

NAME CLASS

Progress Test Files 1-6
Listening and Speaking A

LISTENING

1 Listen to five people talking about regrets. Choose from the list (A–H) what each person says they regret or don't regret doing. Use the letters only once. There are three extra letters you do not need to use.

A accidentally upsetting another person
B causing an accident
C letting another person make an important decision
D making a decision without thinking carefully about it
E a decision which has cost them money
F neglecting a person they cared about
G missing an important deadline
H getting married

Speaker 1: [ ]

Speaker 2: [ ]

Speaker 3: [ ]

Speaker 4: [ ]

Speaker 5: [ ]

2 Listen to two age-gap friends talking about their shopping habits. <u>Underline</u> the correct answer.

1 Chloe feels that consumers will **go for the cheapest clothing options / have more money to spend / become less interested in fast fashion** in the future.

2 Chloe feels that social media **doesn't successfully promote fast fashion to Generation Z / isn't used enough by big brands / profiles aren't important to Generation Z**.

3 Vanessa offers to **repair some of Chloe's clothes / lend Chloe some of her old clothes / help Chloe shop more ethically online.**

4 Vanessa does most of her shopping **in town / online / by mail order**.

5 Vanessa **feels delivery charges are too high / is unsure whether shopping online is better for the environment / doesn't like to shop online**.

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