

**Woman:** Hey, how are you doing?

**Man:** Uh, I . . . I guess okay . . . kind of.

**Woman:** Yeah, Mom said Daniel isn't doing so well. What's going on?

**Man:** Well, uh, for some reason I always thought raising kids would be a lot \_\_\_\_\_ than it is.

**Woman:** Yeah, I know. Tell me about it. What's, what's the \_\_\_\_\_?

**Man:** Well, for about six months, he's been really down, and sometimes, I can't get him out of bed in the morning to go to \_\_\_\_\_. He just seems so depressed. I . . . I just can't figure it out.

**Woman:** For, so, this has been going on like half a year?

**Man:** Yeah, kind of on and off, but I don't know. I . . . I just thought it would just kind of go away, and I just thought things would just get, I don't know, get \_\_\_\_\_.

**Woman:** Yeah, that's not, that's pretty worrisome. Um, how, I mean, I've noticed he's not hanging out with Jared very much anymore. You know, is he . . . what's he doing when he's up?

**Man:** Well, uh, a lot of the \_\_\_\_\_ he's not up. He just kind of uh, stays in bed.  
[ *Really?* ] I just can't figure it out. I . . . I don't know.

**Woman:** Yeah, that's, that's a big problem. I can see why you're really worried about him. Have you considered taking him to a therapist, or a psychologist, or anybody?

**Man:** Ah, no. I ju . . . , I . . . It's probably just a phase or something. I think some kids were picking on him at school, but I think that's stopped. He doesn't \_\_\_\_\_ about it anymore, so I guess that's over.

**Woman:** So, you're saying that he was like being bullied and stuff?

**Man:** Yes, yeah. But he wouldn't talk about it a lot. I thought it was just, you know, having some problems, and it just kind of \_\_\_\_\_ go away.

**Woman:** Well, you know, I don't know about that with the \_\_\_\_\_ or whatever, but you know, this has been going on a long time. You really need to seriously address it.

**Man:** Uh, I don't know. Um, and well, his girlfriend just broke up with him, so I guess maybe that's had an \_\_\_\_\_ on him.

**Woman:** Yeah, it has. Um, that explains a lot. Um, have you looked at his Facebook page lately? He posted [ No, *What?* ] some stuff, well, he was posting some stuff, I think it was last night around midnight, um, yeah, talking about how much life sucks, wishes he just could disappear. [ *Oh!* ] Um, you know, I can't \_\_\_\_\_ exactly the words he said, but I know that it really, really worried me. Some of the things he wrote are signs of, that he might be thinking about suicide.

**Man:** Ah, I, I, I just can't figure that out. I mean, kids sometimes talk like that. I, I, I thought. I \_\_\_\_\_ that was kind of natural.

**Woman:** Yes, sometimes they do. That's what makes it hard. Sometimes, kids just talk like that, but some of them are serious, and some of them end up taking their own lives. Some of them really do kill themselves. It . . . you know, you . . . you need to take this seriously. Six months (of being depressed) isn't normal. Six months isn't just to act like this isn't just a phase. It's, there's something \_\_\_\_\_ on.

**Man:** So, any ideas? Wha . . . I mean, what should I do? I . . . I'm just kind of at a loss here.

**Woman:** Oh, you know. Um . . . I was talking to a woman the other day about her daughter. Um, there are crisis numbers you can call. Also, you could go to the hospital; and go to the \_\_\_\_\_ room, and they do assessments there. Psychological assessments. [ *Okay.* ] Um, I . . . you know, it might be kind of hard to get him out to the hospital, to get him out to go with you if you can't get him out to go to school, but you . . . you need to take this seriously. [ *Yeah . . .* ] You could take him down to the hospital, down to the emergency room, so . . .

**Man:** I don't know.

**Woman:** You know, it's really \_\_\_\_\_ because you've got to get on top of it. He needs you; he needs to know that you really love him, that you're not just kind of ignoring this.

**Man:** You know, I . . . I recently noticed that that I just saw some marks on his arms the other day, and I didn't know. I asked him about it. Just kind of looked like some scratches, or something, and . . .

**Woman:** I saw those too, and those aren't scratches. They're too deep to be scratches. He's doing self-harm, too.

**Man:** Oh, man.

**Woman:** You know, um, these are really serious things, and he's \_\_\_\_\_ out for help. He doesn't know how to handle what is going on in his life. He's really struggling.

**Man:** You know, about a month ago, there was another boy in school, I think it (he) was about his age that, uh, took his own life, and I am \_\_\_\_\_ if that's had an impact on him.

**Woman:** Umm, don't you think it would have?

**Man:** Probably. I don't know how well he \_\_\_\_\_ the boy, but uh, I don't know.

**Woman:** Yeah, things like that do have an impact on kids, and you just can't run the risk. He might be mad at you for hauling him down to the hospital, but you need help to find out what's going on, so that you can \_\_\_\_\_ him, and so you can make sure that you are getting him all the help that he can have. These things are serious, and you don't want to look back later and say I wish I had done that.

**Man:** Right. Well, yeah, send me that information, and uh, I'll start looking at it.

**Woman:** Alright, thanks.