

SENA – REGIONAL CESAR
CENTRO BIOTECNOLÓGICO DEL CARIBE
Programa de bilingüismo – Daily routine worksheet (Simple present)

PROGRAMA: _____

NAME: _____

DATE: ____/____/____

Exercise 1

My Daily Routine - Reading Comprehension Exercise

Lee el siguiente texto sobre la rutina diaria de una persona y responde a las preguntas.

My name is Sarah, and I want to tell you about my daily routine. I am a student, and my weekdays are usually busy. I wake up at 7:00 AM every morning. Then, I brush my teeth and take a quick shower. After that, I have breakfast, which is usually cereal and milk.

I leave my house at 8:00 AM and walk to school. School starts at 8:30 AM, and I have classes until 2:30 PM. After school, I come back home, and I usually do my homework for a couple of hours. In the evenings, I like to watch TV or read a book. I have dinner at 7:00 PM, and then I go to bed at 9:00 PM.

On weekends, I like to sleep in a bit. I wake up around 9:00 AM, and I have a bigger breakfast. Sometimes, I go to the park or meet my friends. I don't have homework on the weekends, so I have more free time.

Choose the correct answer according to the text

1) What is the speaker's name?

- a) Emma
- b) John
- c) Sarah
- d) David

2) What time does the speaker wake up on weekdays?

- a) 6:00 AM
- b) 7:00 AM
- c) 8:00 AM
- d) 9:00 AM

3) What does the speaker do after waking up?

- a) Takes a shower
- b) Goes to school
- c) Has dinner
- d) Goes to the park

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- 4) What is the speaker's usual breakfast?
- a) Eggs and toast
 - b) Cereal and milk
 - c) Pancakes and syrup
 - d) Bacon and sausage
- 5) What time does school start for the speaker?
- a) 7:00 AM
 - b) 8:00 AM
 - c) 8:30 AM
 - d) 9:00 AM
- 6) What time does the speaker have dinner?
- a) 6:00 PM
 - b) 7:00 PM
 - c) 8:00 PM
 - d) 9:00 PM
- 7) What time does the speaker go to bed on weekdays?
- a) 8:00 PM
 - b) 9:00 PM
 - c) 10:00 PM
 - d) 11:00 PM
- 8) What does the speaker do on weekends?
- a) Goes to school
 - b) Does homework
 - c) Sleeps in
 - d) Watches TV
- 9) When does the speaker have a bigger breakfast?
- a) On weekdays
 - b) On weekends
 - c) Both on weekdays and weekends
 - d) The text doesn't mention it
- 10) Does the speaker have homework on weekends?
- a) Yes
 - b) No
 - c) It depends
 - d) The text doesn't mention it

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Choose TRUE or FALSE according to the information in the text

- 1) Sarah is a student. (True / False)
- 2) Sarah wakes up at 8:00 AM on weekdays. (True / False)
- 3) Sarah does her homework in the evenings. (True / False)
- 4) On weekends, Sarah sometimes goes to the park. (True / False)
- 5) Sarah has more free time on weekdays. (True / False)