

Bones form the \_\_\_\_\_  
They are \_\_\_\_\_ and \_\_\_\_\_  
Joints make the skeleton \_\_\_\_\_  
Joints help us to \_\_\_\_\_  
They are part of our \_\_\_\_\_

Muscles contract and \_\_\_\_\_  
Muscles are \_\_\_\_\_ and \_\_\_\_\_

Your skeleton's bones join together...

...they receive messages from your brain

Ligaments connect...

...internal organs and support your body

Your skeleton protects your...

...at joints

Tendons connect...

...shape

Your muscles give your body...

...The bones at joints

## Nervous system

The \_\_\_\_\_ control voluntary actions such as speaking  
The \_\_\_\_\_ controls our movements, balance and coordination  
The \_\_\_\_\_ controls involuntary actions such as our breathing.

## Nutrition

You breathe in air through your nose and \_\_\_\_\_  
The air travels down the \_\_\_\_\_ and into the bronchi. These take air into the \_\_\_\_\_.  
The air inside the lungs goes into small air sacs, called \_\_\_\_\_  
The alveoli transfers \_\_\_\_\_, from the air into the blood. The blood also  
transfers \_\_\_\_\_ into the alveoli. You breathe out the carbon dioxide from your \_\_\_\_\_ and  
mouth.