

## Practice Assessment - Reading Instructions CLB 4/5

Name \_\_\_\_\_

Date \_\_\_\_\_

Directions: Read the text below and then answer the questions.

### How to Treat a Minor Cut



The following instructions will help you take care of minor cuts. There are four parts to taking care of a minor cut: stopping the bleeding, cleaning the area, protecting the area, and follow up care.

#### Stopping, Cleaning, and Protecting a Cut

First, apply direct pressure on the cut area. This doesn't have to be hard pressure, but use firm pressure. Next, use warm water and gentle soap to clean the area. Apply a small amount of an antibiotic ointment to reduce the chance of infection, too. Finally, put a sterile bandage on the area.

#### Follow up Care

Remove the bandage to help the cut continue to heal. There should be a scab over the cut, so you might not need to replace the bandage. However, if the cut isn't healing or shows signs of an infection, see your doctor or other health care professional.

## CLB 4

1. Read the second paragraph again. What is the first instruction? (2 pts)

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2. What are 2 transition words that you see in the second paragraph? (1 pt)

a. \_\_\_\_\_ b. \_\_\_\_\_

3. What are 2 prepositions that you see in the second paragraph? (1 pt)

a. \_\_\_\_\_ b. \_\_\_\_\_

4. How much antibiotic ointment should you use? \_\_\_\_\_ (1 pt)

5. When should you see a health care professional? (1 pt)

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6. What does follow up care mean to you? (1 pt)

7. What does replace the bandage mean to you? (1 pt)

8. What is the main idea of this reading? (1 pt)

9. What is the purpose? (1 pt)

Total CLB 4 \_\_\_\_\_ / 10 Must achieve 7/10 to continue to CLB 5

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## CLB 5

Directions: The questions below are for the CLB 4 and the CLB 5 parts.

### For more serious cuts

See a health care provider right away if:

- The cut is deep or over a joint (such as a deep cut on a knee or elbow).
- You cannot get the cut clean.
- The injury is a deep wound or the person has not had a recent tetanus shot (within the last 10 years)
- The cut is from a human or animal bite.

Call 911 if the cut is bleeding severely or if the bleeding can't be stopped after 10 minutes of firm and steady pressure.

10. Should you wash the cut before or after you stop the bleeding? (2 pts)  
\_\_\_\_\_
11. What is one subheading in this reading? (2 pts) \_\_\_\_\_
12. When is one time that you should see a health care professional right away? (1 pt)  
\_\_\_\_\_
13. What is the temperature of the water you should use to clean the cut? (1 pt) \_\_\_\_\_
14. What does reduce the chance of infection mean to you? (1 pt)  
\_\_\_\_\_
15. What would be one sign of infection in a cut? (1 pt)  
\_\_\_\_\_
16. What could you use to apply firm pressure to a cut area? (1 pt)  
\_\_\_\_\_
17. Who should know the information in this reading? (1 pt)  
\_\_\_\_\_

Total CLB 5 \_\_\_\_\_ / 10