

## Past Continuous and Past Simple

## GRAMMAR Past Continuous and Past Simple

## Past Continuous

*It **was raining**.*

*We **weren't thinking** about the weather.*

***Were you running?** Yes, I **was**./No, I **wasn't**.*

## Past Continuous and Past Simple

*Abe **downloaded** his photo **while** his dad **was making** a warm drink.*

*He **was throwing** the frisbee **when** lightning **hit** a tree.*

## 1 ● Complete the sentences with the Past Continuous form of the verbs in brackets.

- He said the weather was too hot while he **was visiting** (visit) Mexico.
- They \_\_\_\_\_ (not listen) when the weather forecast was on TV.
- What \_\_\_\_\_ (you/do) when you saw the hurricane?
- They \_\_\_\_\_ (swim) in the sea when the heavy rain started.
- \_\_\_\_\_ (it/snow) when you left home?
- Someone took my umbrella while I \_\_\_\_\_ (not look).

## 2 ● Choose the correct option.

- I was running for the bus when I **(dropped)** / *was dropping* my phone.
- Jack fell asleep while he *watched* / *was watching* the film.
- We were walking home when the breeze *started* / *was starting* to get stronger.
- There was a flood when my cousins *stayed* / *were staying* in Japan.
- The bear *appeared* / *was appearing* while we were walking down the mountain.
- The post *came* / *was coming* while we were having breakfast.

## 3 ●● Complete the sentences with the Past Simple or Past Continuous form of the verbs in brackets.

- We **saw** (see) something strange in the sky while we **were looking** (look) at the stars.
- The sun \_\_\_\_\_ (shine) when we \_\_\_\_\_ (arrive) at the beach.
- While I \_\_\_\_\_ (wait) for the bus, I \_\_\_\_\_ (message) a few friends.
- Jenna \_\_\_\_\_ (cry) when I finally \_\_\_\_\_ (find) her.
- We first \_\_\_\_\_ (hear) about the storm while we \_\_\_\_\_ (have) dinner.
- When I \_\_\_\_\_ (arrive) at Paula's house, she \_\_\_\_\_ (sit) outside in her garden.

## 4 ●●● Complete the dialogue with the Past Simple or Past Continuous form of these verbs.

do eat fall have (x2) hear not rain  
not stop run shine start tell

A: <sup>1</sup> **Did** you **have** a good time on your school trip last week?

B: Yes, we <sup>2</sup> \_\_\_\_\_ a great time in the morning while the sun <sup>3</sup> \_\_\_\_\_. But it <sup>4</sup> \_\_\_\_\_ to rain while we <sup>5</sup> \_\_\_\_\_ our lunch and it <sup>6</sup> \_\_\_\_\_ for the rest of the day!

A: Oh, dear! What <sup>7</sup> \_\_\_\_\_ you \_\_\_\_\_ after lunch?

B: At first, it <sup>8</sup> \_\_\_\_\_ very much, so our teacher <sup>9</sup> \_\_\_\_\_ us to keep looking for rocks near the river.

A: What happened next?

B: We <sup>10</sup> \_\_\_\_\_ thunder. I <sup>11</sup> \_\_\_\_\_ to the bus when I <sup>12</sup> \_\_\_\_\_ and dropped my camera. Now it doesn't work anymore!

