

Hygiene

Write the correct answer!

1. You _____ always wash your hands before eating to prevent the spread of germs.
2. You _____ share personal hygiene items like toothbrushes or razors with others.
3. You _____ brush your teeth at least twice a day to maintain good oral hygiene.
4. You shouldn't neglect the importance of regular showers or baths to stay clean.
5. You _____ change your underwear daily to maintain proper hygiene.
6. You _____ pick your nose in public, as it's considered unhygienic and impolite.
7. You _____ cover your mouth and nose when you cough or sneeze to prevent the spread of illness.
8. You _____ forget to clean and disinfect frequently-touched surfaces in your home, like doorknobs and light switches.
9. You _____ wash your hair regularly to keep it clean and healthy.
10. You _____ wear dirty or smelly clothes; make sure to wash them regularly.
11. You _____ avoid walking barefoot in public places to protect your feet from potential infections.