

What would happen if you didn't drink water?

Questions 1-8

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Provide **TWO** answers of **NO MORE THAN THREE WORDS** for each questions

Which **TWO** organs in our body are almost 75% water?

1

2

Which are the two extremes of water consumption?

3

4

What does the recommended water intake depend on?

5

6

Where else can you find your necessary water intake?

7

8

Questions 9-12

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For each questions choose the correct answer **A**, **B**, or **C**.

9. What percentage of a human baby is made of water at birth?

A ☐ 55%

B ☐ 65%

C ☐ 75%

10. How do we mainly loose water each day?

A ☐ Breathing

B ☐ Urinating

C ☐ both of the above

11. What problem does a dehydrated brain have?

A ☐ Shrinks

B ☐ Shakes

C ☐ Melts

12. What's the amount of water consumption recommended for women

A ☐ 2.5 to 2.7

B ☐ 2 to 2.7

C ☐ 2.5 to 3.7