

UNIT 6

1 Adverbs of frequency page 37

- Adverbs of frequency (*always, almost always, usually, often, sometimes, hardly ever, almost never, never*) usually come before the main verb: She **never plays** tennis. I **almost always eat** breakfast. But Adverbs of frequency usually come after the verb be: I'm **always** late.
- Usually and sometimes can begin a sentence: **Usually** I walk to work. **Sometimes** I exercise in the morning.
- Some frequency expressions usually come at the end of a sentence: *every day, once a week, twice a month, three times a year*: Do you exercise **every day**? I exercise **three times a week**.

Put the words in order to make questions. Then complete the answers with the words in parentheses.

2 Questions with *how*; short answers page 40

- Don't confuse **good** and **well**. Use the adjective **good** with **be** and the adverb **well** with other verbs: How **good** are you at soccer? BUT How **well** do you play soccer?

Complete the questions with *How* and a word from the box. Then match the questions and the answers.

good long often well

1. _____ do you lift weights? _____ a. Not very well, but I love it.
2. _____ do you play basketball? _____ b. About six hours a week.
3. _____ are you at volleyball? _____ c. Not very often. I prefer martial arts.
4. _____ do you spend at the gym? _____ d. Pretty good, but I hate it.