UNIT 6

1 Adverbs of frequency page 37

- Adverbs of frequency (*always, almost always, usually, often, sometimes, hardly ever, almost never, never*) usually come before the main verb: She **never plays** tennis. I **almost always eat** breakfast. BUT Adverbs of frequency usually come after the verb *be*: I**'m always** late.
- *Usually* and *sometimes* can begin a sentence: **Usually** I walk to work. **Sometimes** I exercise in the morning.
- Some frequency expressions usually come at the end of a sentence: *every day, once a week, twice a month, three times a year:* Do you exercise **every day**? I exercise **three times a week**.

Put the words in order to make questions. Then complete the answers with the words in parentheses.

1. you what weekends usually do do on
   Q: What do you usually do on weekends?
   A: I _____ (often / play sports)
2. ever you go jogging do with a friend
   Q: _____
   A: No, _____ (always / alone)
3. you play do basketball how often
   Q: _____
   A: I _____ (four times a week)
4. do you what in the evening usually do
   Q: _____
   A: My family and I _____ (almost always / go online)
5. go how often you do to the gym
   Q: _____
   A: I _____ (never)

2 Questions with *how*; short answers page 40

- Don't confuse *good* and *well*. Use the adjective *good* with *be* and the adverb *well* with other verbs: How **good** are you at soccer? BUT How **well** do you play soccer?

Complete the questions with *How* and a word from the box. Then match the questions and the answers.

good **long** **often** **well**

1. _____ do you lift weights? _____
2. _____ do you play basketball? _____
3. _____ are you at volleyball? _____
4. _____ do you spend at the gym? _____

a. Not very well, but I love it.
b. About six hours a week.
c. Not very often. I prefer martial arts.
d. Pretty good, but I hate it.

LIVEWORKSHEETS