

UNIT 6

1 Adverbs of frequency page 37

- Adverbs of frequency (*always, almost always, usually, often, sometimes, hardly ever, almost never, never*) usually come before the main verb: She **never plays** tennis. I **almost always eat** breakfast. BUT Adverbs of frequency usually come after the verb *be*: I'm **always** late.
- *Usually* and *sometimes* can begin a sentence: **Usually** I walk to work. **Sometimes** I exercise in the morning.
- Some frequency expressions usually come at the end of a sentence: *every day, once a week, twice a month, three times a year*: Do you exercise **every day**? I exercise **three times a week**.

Put the words in order to make questions. Then complete the answers with the words in parentheses.

- you what weekends usually do do on
Q: What do you usually do on weekends?
A: I _____ (often / play sports)
- ever you go jogging do with a friend
Q: _____
A: No, _____ (always / alone)
- you play do basketball how often
Q: _____
A: I _____ (four times a week)
- do you what in the evening usually do
Q: _____
A: My family and I _____ (almost always / go online)
- go how often you do to the gym
Q: _____
A: I _____ (never)

2 Questions with *how*; short answers page 40

- Don't confuse *good* and *well*. Use the adjective *good* with *be* and the adverb *well* with other verbs: How **good** are you at soccer? BUT How **well** do you play soccer?

Complete the questions with *How* and a word from the box.
Then match the questions and the answers.

good long often well

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|---|---|
| 1. _____ do you lift weights? _____ | a. Not very well, but I love it. |
| 2. _____ do you play basketball? _____ | b. About six hours a week. |
| 3. _____ are you at volleyball? _____ | c. Not very often. I prefer martial arts. |
| 4. _____ do you spend at the gym? _____ | d. Pretty good, but I hate it. |