

1. forum /'fɔ:rəm/ (n) diễn đàn
2. user-friendly /'ju:.zə'frend.li/ (adj) thân thiện với người dùng
3. craft /kra:ft/ (n) thủ công
4. provide sb with sth /prə'veɪd/ (vp) cung cấp cho ai với cái gì
5. competition /kəmpə'tɪʃn/ (n) cuộc thi
6. tournament /'tuənəmənt/ (n) giải đấu
7. concentrate /'kənsntrɛt/ (v) tập trung
8. bully /'buli/ (n) người bắt nạt
9. scare /skeə(r)/ (v) làm cho sợ hãi
10. mature /mə'tʃʊə(r)/ (adj) trưởng thành
11. expectation /ekspek'teɪʃn/ (n) sự kỳ vọng
12. talkative /'tɔ:kətɪv/ (adj) lǎm lời
13. request /rɪ'kwest/ (v/n) yêu cầu, lời yêu cầu
14. participate /pɑ:tɪsɪpət/ (v) tham gia
15. cheat on /tʃi:t ən/ (phr.v) gian lận
16. tolerant /'tolərənt/ (adj) chấp thuận

**I. Circle the correct options to complete the phrases.**

1. upload:

A. a website    B. a post    C. an account    D. a forum

2. browse:

A. a post    B. a picture    C. a clip    D. a website

3. check:

A. a clip    B. a notification    C. a picture    D. a forum

4. log on:

A. to a school    B. to a club    C. to an account    D. to a password

**II. Choose correct answer**

1. As children move toward ..... , they are less likely to ask for advice.

A. dependent    B. dependence    C. independent    D. independence

2. My parents asked me to figure out ..... gave me so much trouble.

A. what    B. which    C. how many    D. where

3. We need to prepare food, do laundry and chores at home. It's .....

A. social skills    B. self-care skills    C. housekeeping skills    D. cognitive skills

4. ..... and young adults, both male and female, benefit from physical activity.

A. Adolescence    B. Adolescents    C. Frustrations    D. Newborns

5. Do parents get ..... from their children studies?

A. satisfyingly      B. satisfying      C. satisfied      D. satisfy

6. She has been ..... because she has a big assignment to complete.

A. frustration      B. frustrated      C. frustrating      D. frustratedly

7. The headmaster was very. ..... with Tom because of his bad behaviour at school.

A. upset      B. confident      C. proud      D. tired

8. Our teacher broke the final project ..... three separate parts.

A. in      B. into      C. away      D. down

9. "I'm fighting with my sister again! It feels like we can never resolve our conflicts."

A. recognise      B. concentrate      C. manage      D. deal with

10. Recognising your feelings is a way to ..... stress.

A. create      B. cause      C. overcome      D. conduct

11. ..... is the practice of doing things that involve risks in order to achieve something.

A. Risk-taking      B. Cognitive skill      C. Competitiveness      D. Competition

12. Helen was worried about the final term test, and she didn't sleep well. She was very tired after a ..... night.

A. frustrated      B. confused      C. independent      D. sleepless

13. Some students say that their parents have influence ..... their achievement.

A. on      B. in      C. with      D. to

16. I have stomach ache, ..... I don't want to eat anything.

A. but      B. so      C. because      D. or

17. My mother eats a lot of fruit and vegetables, ..... she does exercise every morning.

A. even      B. but      C. and      D. so

18. Helen was worried about the final term test, and she didn't sleep well. She was very tired after a ..... night.

A. frustrated      B. confused      C. independent      D. sleepless

### III. Make sentences using the words and phrases below. You can add necessary words.

1. Teenagers / should/play/sport/keep fit.

.....

2. Teens/may feel/stressed/when/ classmates/do better/ than them / school.

.....

3. Some teens / participate / school clubs/make/new/friends.

.....

4. Some teens / feel / pressure / because / they/want/fit/ a group.

.....

5. main causes / teen stress / include / peer pressure / schoolwork pressure / pressure from parents.