

Unit 4

cook sometimes go out relax tired stay early watch meet race training hard non-stop

Life in Vancouver



My name is Richard Evans. I'm 40 years old and I live in Vancouver, Canada. I'm an architect and I design buildings. I work ¹ _____ in my office in the centre of Vancouver from Monday to Friday. I have a very busy life and it's ² _____. I get up at 6 o'clock five days a week and I have a lot of meetings. I like to ³ _____ fit and three evenings a week I go jogging in the park. I'm married. My wife Sara is from Vancouver, too. When I go home, I like to relax and I usually cook a nice meal for my wife and I. We eat dinner and we often talk about the day. Sara is a teacher and she is very tired in the evening, too!

I don't have a lot of free time, but I like to ⁴ _____ with my wife at the weekends. On Friday evenings we usually eat in a restaurant and in the winter we like walking by the lakes near Vancouver. The days are short in the winter, so we get up ⁵ _____ on Saturday mornings and drive to the lakes. It's very cold but we walk fast and we take hot tea with us. I love the colours of the trees! When we are ⁶ _____, we go home and we read or we watch TV.

In the summer, I go sailing. I'm in a sailing team and we ⁷ _____ on Saturdays. I get up very early on Saturdays in the summer: at 5 o'clock! I don't ⁸ _____ but I like sailing a lot! After the race, I meet my wife and we go to the beach and we go swimming. We have a holiday home near the beach. Then we ⁹ _____ some friends and go to a restaurant.

On Sundays we ¹⁰ _____ have lunch with our parents. They live in Vancouver, too. My mother and my wife's mother are very good friends. My father and my brother are also in the sailing team, so I see them every weekend in the summer. My life is busy, but I enjoy it!

Your Notes

Writing skills 2 Common verbs

Complete the sentences with the correct words.

1 In the evening, she _____ dinner for all the family.

2 She _____ her books to school every day.

3 In the morning he _____ emails and makes phone calls.

4 She doesn't _____ her job very much.

5 He's an architect and he _____ his job.

6 What time do you _____ to work?

7 Do you _____ your computer at the weekend?

8 They _____ to me every month.

drive like makes
write takes
writes use likes