End-of-unit2 Test: Fruits and vegetables

Section 1: Vocabulary (10 minutes)

Part A: Read and circle the correct word for each definition

1. This is a tropical fruit with green skin and orange flesh. It's often used to make smoothies. What is it?
    a. Avocado
    b. Pineapple
    c. Plum
2. Which fruit is known for its pink or red flesh and is a good source of vitamin C?
    a. Watermelon
    b. Garlic
    c. Mango
3. It's a root vegetable that is often orange in color. What vegetable are we talking about?
    a. Sweet potato
    b. Bean sprouts
    c. Garlic
4. This vegetable is dark purple and is often used in dishes. What is it?
    a. Celery
    b. Eggplant
    c. Zucchini
5. Which word means "good for your health and provides necessary substances for your body"?
    a. Nutritious
    b. Delicious
    c. Mean

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Part B: Fill in the blanks with the following words

vegetable	watermelon	flesh
mango	cut	carrot

6. You can find seeds in the center of a _____.
7. A _____ is a tropical fruit. It has sweet yellow flesh inside
8. Broccoli is a type of green _____.
9. It's important to wash your hands before you _____any food.
10. When you cut a fruit, you can see the _____ inside.

Section 2: Grammar (10 minutes)

Conjugate the verbs into the **PRESENT SIMPLE** and **PRESENT CONTINUOUS**.

1. We usually (eat) _____ fruits and vegetables because they are nutritious.
2. They (make) _____ a delicious smoothie right now.
3. My friends often (play) _____ football after school.
4. Right now, Josh (buy) _____ some fresh vegetables at the market.
5. Watch out! The water in the pot (boil)_____.

Choose the correct answer

6. Where .....his wife (be)?

   a. am b. is c. are d. be

7. The weather (get) _____warm this season.

   a. gets b. are getting

   c. is getting d. are gets

8. My kids (be)..... downstairs now. They (play) .....chess.

   a. am/ am playing b. is/is playing

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c. are/are playing d. be/ being

9. "Are you ready, Belle?" "Yes, I……"

a. am coming b. come

c. came d. have came

10. Why ……at me like that? What happened?

a. do you look b. have you looked

c. did you look d. are you looking

Section 3: Reading Comprehension (15 minutes)

Read the passage and answer the questions.

Fruits and Vegetables

Fruits and vegetables are essential parts of a healthy diet. ***They*** come in various shapes, sizes, and colors. Some are sweet, while others are savory. But they all have one thing in common – they are nutritious and good for your health.

Eating a variety of fruits and vegetables provides your body with essential vitamins, minerals, and nutrients. For example, oranges are rich in vitamin C, which helps boost your immune system. Carrots are packed with vitamin A, promoting good vision. Broccoli, the green superfood, offers fiber and antioxidants, making it a great addition to your meals.

Including fruits and vegetables in your diet regularly can help you maintain a healthy weight and reduce the risk of chronic diseases. The fiber in these foods keeps you feeling full, making it easier to manage your weight. Moreover, the antioxidants found in fruits and vegetables protect your cells from damage, which can lower the risk of heart disease and cancer.

So, don't hesitate to try new fruits and vegetables. They not only taste delicious but also keep you healthy and energetic.

- ***healthy diet*** *(n): chế độ ăn lành mạnh*
- ***immune system*** *(n): hệ thống miễn dịch*
- ***fiber*** *(n): chất sơ*

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- ***antioxidants*** *(n): chất chống oxy hóa*
- ***chronic diseases*** *(n): bệnh mãn tính*
- ***heart disease*** *(n):* bệnh tim

1. What is the main idea of the passage?

   a) Cooking notes

   b) The history of fruits and vegetable

   c) Ways to keep fit

   d) Fruits and vegetables are essential for a healthy diet.

2. In the first line, what does the word ***"they"*** refer to?

   a) fruits and vegetables

   b) a healthy diet

   c) essential parts

3. According to the passage, which fruit is rich in vitamin C?

   a) Apples

   b) Oranges

   c) Carrots

   d) Broccoli

4. How can including fruits and vegetables in your diet help with weight management?

   a) They reduce your appetite

   b) They increase the risk of chronic diseases

   c) They keep you feeling full

   d) They make you gain weight

5. What is the primary role of antioxidants found in fruits and vegetables?

   a) Boosting your immune system

   b) Reducing the risk of heart disease

   c) Protecting your cells from damage

   d) Enhancing the taste of the food

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Section 4: Listening Comprehension (5 minutes)

Listen to the audio and choose the answers.

1. What are they planning to do at the park?
   a) Play video games
   b) Have a picnic
   c) Go swimming
   d) Ride bicycles
2. What will the girl bring for the picnic?
   a) Video games
   b) Blankets
   c) Sandwiches and fruit
   d) Bicycles
3. What will the boy bring for the picnic?
   a) Drinks
   b) Sandwiches and fruit
   c) Blankets
   d) Video games
4. What time will they meet at the park?
   a) In the evening
   b) At noon
   c) At midnight
   d) In the morning
5. How do they plan to sit at the park?
   a) On bicycles

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b) On blankets

c) On swings

d) On slides

Section 5: Dictation (5 minutes)

Listen to the audio and write down the missing word(s).

Good morning, everyone. My _____ is Sarah. I love to eat fruits and vegetables. They are delicious and _____. I also enjoy _____. It's a tropical fruit that tastes great. For _____, I usually have cereal with _____ and some mango. Yummy!

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