

A VOCABULARY Choose the word or phrase that is closest in meaning to the word in **bold**.

1. Are you prepared to **maximize** the enjoyment of your experience?
a. make easy b. decrease c. complicate d. increase
2. Your entire body will be **out of whack** for days.
a. not working well b. ill c. wounded d. in good shape
3. You'll have **acquired** some wonderful memories.
a. lost b. gained c. understood d. treasured
4. Some effects of jetlag are **inevitable**.
a. discouraging b. amazing c. unavoidable d. stressful
5. Here's my suggestion for **minimizing** them.
a. understanding b. increasing c. avoiding d. decreasing
6. Don't take a nap, no matter how **excruciatingly** tired and sleepy you feel.
a. pleasantly b. terribly c. interestingly d. boringly
7. Go ahead and **chart your own course**.
a. take a cruise b. hire a tour guide c. make your own plans d. ask for help
8. Tours can be **hectic** and intense.
a. stressful b. pleasurable