

## Bài 1 A

### 1. Read the text and do the tasks that follow.

(Đọc văn bản và thực hiện các nhiệm vụ tiếp theo.)

There are many things you can do to help reduce plastic pollution. Firstly, you should reduce your use of plastic. You should avoid **single-use** plastic products such as straws or **takeaway** coffee cups. Instead, choose reusable products made from bamboo or metal. Besides, you should use strong, **reusable** shopping bags made from other materials rather than plastic. Secondly, you should reuse plastic. If you have plastic items, make sure you use them many times. For example, you can refill water bottles and reuse lunch boxes. Finally, you should recycle plastic whenever you can. Before you buy anything sold in plastic, check the recycling symbols. Always try to recycle plastic items instead of throwing them away in the rubbish bin. Remember that there are many things that are made from recycled plastic.

### A. Match the highlighted words in the text with the meanings.

(Nối các từ được tô sáng trong văn bản với các nghĩa dưới đây.)

Words	Meanings
1. single-use	a. that can be used again
2. takeaway	b. used once then thrown away
3. reusable	c. bought at a shop or restaurant and used somewhere else

## Bài 2

### 2. Read the text and choose the best answers.

The most obvious advantage of living green is that it helps reduce environmental pollution. This is done by practicing the 3Rs. The first R means choosing products very carefully to reduce waste as much as possible. Reusing involves the repeated use of items. The third R is about separating materials that can be recycled and later used for a new purpose.

There are also economic benefits to living green. Reducing the use of energy and water can help save money on household bills. Furthermore, reusing products and materials is another way to make saving. **It** helps save on production costs since creating new products wastes materials and is expensive. Recycled products also last longer than new ones, making them a better and more eco-friendly option.

Lastly, going green offers health benefits. It reduces air pollutants by making the air we breathe cleaner and healthier. This means fewer diseases and doctor's appointments. Another way to improve your health is to **purchase** organic foods and green products for your household. They don't use harmful chemicals that can lead to health issues. In turn, you are also supporting responsible farming methods that protect the environment.

1. What is the main idea of the text?

- A. The pros of a green lifestyle.
- B. Difficulties in adopting a green lifestyle.
- C. Trends in green living.

2. According to the text, how can we practise the 3Rs?

- A. By reducing waste as much as possible
- B. By reusing and recycling items
- C. By doing both A and B above

3. Which of the following is NOT given in the text as a benefit of living green?

- A. health benefit
- B. economic benefit
- C. community benefit

4. The word "**it**" in paragraph 2 refers to \_\_\_\_\_.

A. creating new products

B. reusing products

C. making savings

5. The word '**purchase**' in the last paragraph is closest in meaning to\_\_\_\_\_.

A. exchange

B. sell

C. buy