

Round I **Listening comprehension**

Listen to the text “Advice for exams” and do the following tasks.

I. Decide if the following statements are true or false:

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| 1. The students are going to have a test the next week. | T / F |
| 2. While preparing for an exam, you should avoid junk food. | T / F |
| 3. It's important to have a working place lightened enough. | T / F |
| 4. A relaxing working place prompts for getting the best result. | T / F |
| 5. If you feel too nervous or worried while studying, make a pause to have a snack. | T / F |
| 6. It's advisable to cover all the material to get maximum points. | T / F |
| 7. You'd better use past exam papers to study. | T / F |
| 8. Walking outside helps you to avoid stress. | T / F |
| 9. Preparing for exam will be much more effective if you consult with your teacher. | T / F |
| 10. Five –minute breaks and five-minute studying causes successful result. | T / F |

II. Circle the best option to complete these sentences.

1. The teacher wants the students to ...
 - a. take notes after she has finished speaking.
 - b. take notes while she is speaking.
 - c. forget about taking notes.

2. The teacher suggests eating ...
 - a. sugary snacks.
 - b. only apples.
 - c. fruit and cereals.

3. The teacher suggests finding a study place with a lot of ...
 - a. light.
 - b. space.
 - c. books.

4. If students feel stressed they should ...
 - a. go to bed.
 - b. go out for a walk.
 - c. drink some water.

5. Students are advised to ...
 - a. select the important things to learn.
 - b. read through everything once.
 - c. make notes about every topic.
6. The teacher understands that repeating things can be ...
 - a. difficult.
 - b. uninteresting.
 - c. tiring.
7. Students can do past exam papers ...
 - a. in the library only.
 - b. at home if they take photocopies.
 - c. in the after-school study group.
8. The teacher recommends a break of five minutes every ...
 - a. hour.
 - b. two hours.
 - c. thirty minutes.
9. It's important to ...
 - a. eat regularly.
 - b. sleep when you feel tired.
 - c. keep hydrated.
10. The teacher is sure that the students will ...
 - a. pass their exams.
 - b. fail their exams.