

Read the sentences from episode one of the show we're watching.
 Decide if the marked activity refers to the Present (PR), Past (P) to Future (F)

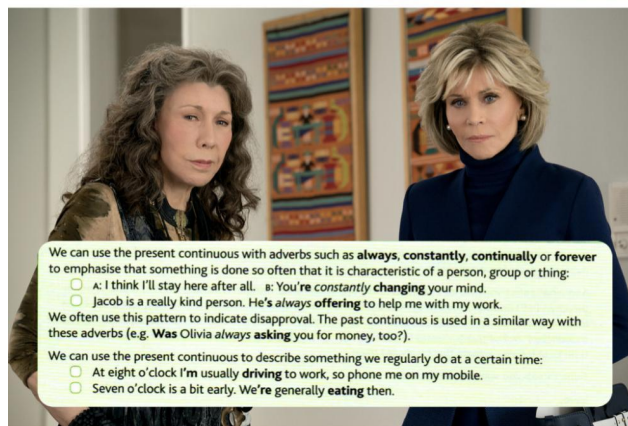
1. I've **been** so **looking forward** to this
2. We're **getting** better with age.
3. I've **been** **wondering** the same thing.
4. I'm **feeling** like the last 40 years have been a fraud
5. They're **getting** **married**. They want to make the most of their remaining years
6. You're **always** **talking** about door closing or window closing or opening or something
7. I'm **just** **trying** to keep my coffee down
8. I mean I'm **assuming**
9. What **are** **you** **doing** here?
10. I'm **having** **a bite** in a noisy place
11. I **was** **judging** by my experience of you
12. I've **been** **bonking** my law partner for 20 years
13. I'm **feeling** extremely guilty

Look at the sentences above and decide if the following statements are true (T) or false (F)

1. Progressive (Continuous) tenses are formed with the verb to be and participle I (V-ing)
2. We use Present Progressive only for actions that are happening right now
3. Progressive tenses refer to lasting actions
4. We never use Present Progressive with always

Read the remark from the episode and put in the prepositions.

I was judging my experience you, not the real you. That was wrong me.



We can use the present continuous with adverbs such as **always**, **constantly**, **continually** or **forever** to emphasise that something is done so often that it is characteristic of a person, group or thing:

- ☐ a: I think I'll stay here after all. b: You're **constantly** **changing** your mind.
- ☐ Jacob is a really kind person. He's **always** **offering** to help me with my work.

We often use this pattern to indicate disapproval. The past continuous is used in a similar way with these adverbs (e.g. **Was** Olivia **always** **asking** you for money, too?).

We can use the present continuous to describe something we regularly do at a certain time:

- ☐ At eight o'clock I'm usually **driving** to work, so phone me on my mobile.
- ☐ Seven o'clock is a bit early. We're generally **eating** then.

Fill in the gaps with the correct form of the verbs in brackets. Then read out loud.

Present Continuous:

- I a thing about the psychic's abilities. (to wonder)
- She with her anger issues by attending anger management classes. (to deal)
- They the most of their remaining years by traveling the world. (to make)

Past Continuous:

- Last night, I to keep my coffee down while watching a horror movie. (to try)
- When I met the psychic, I by experience and was skeptical of her predictions. (to judge)
- He feelings with his harsh words during the argument. (to hurt)

Present Perfect Continuous:

- I guilty about not calling my friend for months. (to feel)
- She a lot of stress lately due to her heavy workload. (to experience)
- We the most of our time together by learning a new hobby. (to make)

Future Continuous:

- Tomorrow at this time, I a psychic reading to gain insight into my future. (to have)
- He with a challenging situation at work next week. (to deal)
- By this time next year, they the most of their remaining years by retiring. (to make)