Level: B2: Upper Intermediate

Skill: Reading

Diet & Climate Change

Complete the text with the correct words. Drag the words to the position in the text.

therefore approximately according however moreover conclusion

As the world's population continues to grow, so does the demand for food. _____(1), the way we produce and consume our food has a significant impact on the environment. Climate change is one of the biggest challenges that humanity faces today, and the food industry plays a significant role in it. It is time we start taking responsibility for our actions and make changes in our diet to reduce our carbon footprint.

The meat industry is one of the most significant contributors to greenhouse gas emissions. _____(2) to a report by the United Nations Food and Agriculture Organization, livestock farming accounts for 14.5% of global greenhouse gas emissions. The production of beef, in particular, is responsible for more emissions than any other type of meat. _____(3), reducing our consumption of meat, especially beef, can significantly reduce our carbon footprint.

Plant-based diets are gaining popularity as an environmentally friendly alternative to meat-based diets. Research shows that plant-based diets have a lower environmental impact than meat-based diets. A study by the University of Oxford found that a vegan diet produces 60% fewer greenhouse gas emissions than a meat-based diet. _____(4), plant-based diets require less land, water, and energy to produce than meat-based diets.

Reducing food waste is another way to reduce our carbon footprint. _____(5) one-third of all food produced globally is wasted. This not only wastes resources but also contributes to greenhouse gas emissions. When food waste ends up in landfills, it decomposes and releases methane, a potent greenhouse gas. By reducing food waste, we can reduce the amount of methane released into the atmosphere.

In _____(6), our diet choices have a significant impact on the environment. By reducing our consumption of meat, adopting plant-based diets, and reducing food waste, we can significantly reduce our carbon footprint. We need to take responsibility for our actions and make changes in our lifestyle to combat climate change. Every small step counts, and if we all work together, we can make a significant impact on the environment. It is time to act now before it's too late.

LIVEWORKSHEETS