

RECYCLE! Present simple and adverbs of frequency

We use the present simple for habits and routines.

Adverbs of frequency (*always, usually, often, sometimes, hardly ever, never*) come before the main verb but after the verb *be*.

Listen and read the texts. Complete the sentences with the **Present Simple** form of the verbs below and an **adverb of frequency**.

be buy go play use

Speaker 1 I can't understand why people are so keen on sleeping in a tent in a field in the middle of the countryside, with no proper toilets or bathroom. My parents love it, and they go every summer. And they always visit the same campsite! I mean, what's the point? You never sleep well, and you inevitably get cold and wet. I can't stand it. I'd much rather stay in a hotel. Luckily my parents never make me go with them.

Speaker 2 Don't get me wrong, I love going to the cinema or watching DVDs, but that kind of film really doesn't appeal to me. Frankly, I find them absolutely terrifying. And I don't like being scared when I'm trying to relax at home. Not only that, they're nothing like real life. The stories are always completely unbelievable. I mean, how many zombies have you seen walking down your local high street? None.

Speaker 3 My brother's a big fan and uses it all the time. He's always chatting about nothing at all, uploading terrible photos from his phone. And then he adds stupid comments on other people's posts and photos. He spends far too much time glued to his computer screen. I do use it but not very often. I prefer to talk face to face than chat online.

Speaker 4 My girlfriend absolutely loves it. She can't get enough. She's always going into shops, looking out for a bargain. The problem is, I loathe it. I can't think of anything worse. I hardly ever buy things in actual shops because I find the whole experience deeply depressing. I only go into a shop if I know exactly what I want so that I can get out as quickly as possible. I usually buy things from websites now instead. It's much easier.

Speaker 5 My brother has been learning for about a year, I think. The problem is he still can't play in tune and make a nice sound. When he plays, it usually sounds like a cat in pain. I don't think people should learn classical instruments. It's such a waste of time. He should give up and choose something easier, like the electric guitar. That's what I did. I've joined a band at school and we sometimes hang out and play. We get together about once a month. It's great fun. At the moment, we're learning a song by the Arctic Monkeys.

Speaker 1 _____ camping with his parents.

Speaker 2 thinks that horror films _____ unrealistic and unconvincing.

Speaker 3 _____ social media.

Speaker 4 _____ things online.

Speaker 5 _____ the guitar at school.