hot chocolate	fruit	cereal	cheese	cottage cheese	honey	jam	cucumbers	vegetables
rice	mango	cabbage	bread	yoghurt	avocado	pasta	toast	fish





















	Learn the words with Quizlet 

It's a sweet drink.	People usually eat this in the morning. You can add milk to it if you like.	It's sweet. It's made of fruit. You can make a sandwich with it.	Spaghetti is a type of this.	These vegetables are red. You add them to salad.
You add this for making sushi.	You eat this meal in the morning.	It's a long vegetable. It's green. You add it to salad.	You need it to make a toast.	You eat this meal in the middle of the day.
jam	bread	hot chocolate	rice	lunch
cereal	breakfast	pasta	cucumber	tomatoes

LIVEWORKSHEETS

What word is this?

breakfast
juice
main course
dessert
snack
lunch
dinner

0 This is the first meal of the day. *breakfast*
1 This is sweet and you have it at the end of the meal.
2 You have this when you don't need a big meal.
3 You have this meal in the middle of the day.
4 This is a drink made from fruit.
5 This is the last meal of the day.
6 This is the largest or most important part of the meal.



7 tips to help you feel great in the morning!

21 **2** Listen to the radio show. You will hear a woman asking six students about getting up in the morning. Match each student to the correct tip. There is one tip you do not need.

Click to listen

Student 1	Tip A
Student 2	Tip B
Student 3	Tip C
Student 4	Tip D
Student 5	Tip E
Student 6	Tip F
	Tip G

LIVEWORKSHEETS