

1 VOCABULARY: Describing experiences

A Match each word with its definition.

- | | | |
|---------------|----------|---|
| 1 achievement | <u>d</u> | a a chance to do something |
| 2 challenge | _____ | b a difficult task |
| 3 change | _____ | c a planned task |
| 4 opportunity | _____ | d a particular thing that you have done successfully |
| 5 project | _____ | e something different from what you were doing before |

B Match more words with their definitions.

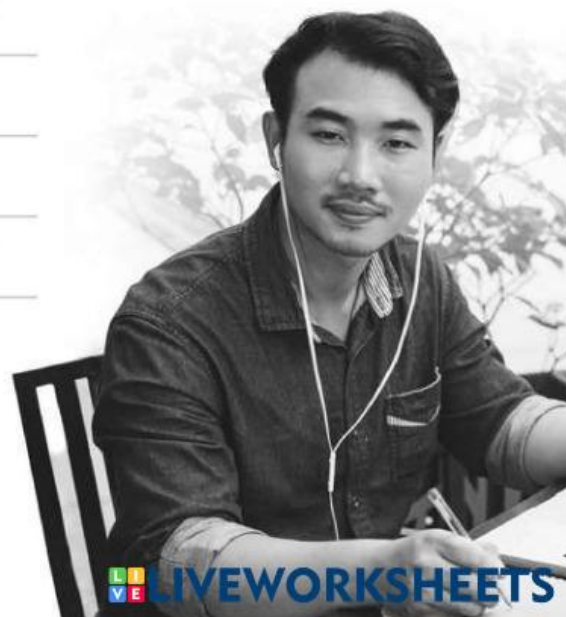
- | | | |
|-----------|-------|---|
| 1 chore | _____ | a an attempt that ends in a good result |
| 2 process | _____ | b something that you do to make money |
| 3 job | _____ | c an ordinary task that you do regularly, like cleaning |
| 4 success | _____ | d the steps involved in doing something |

2 GRAMMAR: Present perfect continuous

A Complete each question with a word or phrase in the box. Then answer the questions so they are true for you.

Has	Have	I	someone in your class
What has	Where have		your mom and dad

- 1 A Where have you been working?
 B I've been working in the library, but on Saturdays I work in a café.
- 2 A _____ 've been working a lot. What about you?
 B _____
- 3 A Have _____ been reading a lot of books lately?
 B _____
- 4 A _____ your best friend been doing this week?
 B _____
- 5 A Has _____ been learning how to cook?
 B _____
- 6 A _____ you been taking music lessons recently?
 B _____
- 7 A _____ anyone been calling or texting you every day?
 B _____



- B Complete the sentences with the subjects and the present perfect continuous forms of the verbs in parentheses ().

- 1 What _____ have you been doing _____ these past few days? (you / do)
- 2 _____ a Spanish class. (I / take)
- 3 _____ how to paint. (she / learn)
- 4 _____ out a lot? (you and your friends / go)
- 5 _____ a lot this summer. (we / travel)
- 6 _____ all afternoon. (he / call)

3 GRAMMAR AND VOCABULARY

- A Complete the sentences with the present perfect continuous form of the verbs in parentheses () and a word in the box.

achievement chores job process project

- 1 He _____ has been doing _____ chores _____ at home all morning – vacuuming, doing laundry, washing dishes. (do)
- 2 I _____ on a new _____ at the office. It's almost finished. (work)
- 3 I _____ about the _____ of creating a handmade book. There are a lot of steps. (learn)
- 4 I _____ for a new _____. I'm not happy at work. (look)
- 5 She _____ hard for this _____. She just graduated from college. (work)

- B Answer the questions. Give examples.

- 1 What opportunities have you been taking advantage of lately?

- 2 What have you been having the most success at lately: school, home, or work? Explain.

- 3 What kinds of challenges have you been dealing with in your academic or professional life lately?



1 VOCABULARY: Describing progress

A Write each phrase in the correct place in the chart.

concentrating on having problems	didn't have a chance having trouble	doing my best making good progress	getting nowhere taking it easy
Fast or focused progress		Slow or no progress	
		having problems	

B Complete the conversation with the correct forms of the verbs in the box.

have save spend waste

A You've been ¹ _____ a lot of time working on your new website lately, haven't you?B Yeah, I learned how to code, so I can ² _____ time and work more quickly.A That's great. Do you think you'll ³ _____ time to help me with my website?B Well, not today. My computer crashed! I've ⁴ _____ a lot of time trying to fix it.
I can't figure it out.

2 GRAMMAR: Present perfect vs. present perfect continuous

A Circle the correct verb form to complete each sentence.

1 I've looked / been looking for a new job for the past month.2 I've had / been having three job interviews so far.3 I've worked / been working part-time during my job search.4 She's gone / been going to the supermarket five times this week.5 She's tried / been trying new recipes since she started her cooking classes.6 She's taken / been taking cooking classes for a few months.

B Find and correct mistakes in **four** of the sentences. If a sentence is correct, write *correct*.

1 I've read three books this month.

correct

2 She been spending a lot of time with her family lately.

3 We've clean the whole house.

4 I've been worked all day.

5 He have gone to Hong Kong twice.

6 We've been traveling for a week.



3 GRAMMAR AND VOCABULARY

A Complete each sentence with the present perfect or present perfect continuous form of the verb in parentheses () and a word or phrase in the box.

a chance a lot of time it easy my best nowhere

1 I decided that I need a break, so I _____ lately. (take)

2 I _____, but I still can't work as quickly as you can. I'll keep trying. (do)

3 Oh no! This is the wrong paint! I _____. Now I have to paint all the walls again. (waste)

4 I _____ on this project after three days of work, so I'm moving onto a different one. (get)

5 I _____ to read this book yet, but I'm going to start reading it tonight. (not / have)

B Answer the questions.

1 When you're having trouble at work or school, who do you talk to about it? Why?

2 Do you know a way to save a lot of time at work, at home, or on the way to work? Describe one way.

3 Where do you go when you have to concentrate on work or schoolwork and you don't want anyone to bother you?

1 FUNCTIONAL LANGUAGE: Talking to someone you haven't seen in a while

A Put the conversations in order.

Conversation 1

B I know. I haven't seen you since last summer! _____

B Good, thanks. What have you been up to? _____

A Hi, Mateo! It's been a long time. _____

B The same as usual. _____

A So, how have you been? _____

A Not much. I've just been going to school. What's going on with you? _____

Conversation 2

A The same as usual. She works all the time. What have you been up to? _____

A I've been really busy. I have to travel a lot for my job. Oh, hey, I saw Dasha last month. _____

B Not much. I've been looking for a new job. _____

A It's great to see you again, Melinda! It's been a long time. _____

B I know. What have you been doing? _____

B Really? What's going on with her? _____

2 REAL-WORLD STRATEGY: Using *that would be* to comment on something

A Write a comment about each statement using *that would be* and the best adjective in the box.

awful exciting fun great interesting

1 A I heard that Alan might lose his job.

B _____ . He really needs that job.

2 A Do you want to have lunch at Luigi's Italian restaurant tomorrow?

B _____ . I love Luigi's.

3 A Sook and I are going ice-skating tomorrow. Do you want to join us?

B _____ . Sook always makes me laugh.

4 A I'm thinking about going on a trip around the world.

B _____ . You should do it!

5 A Do you want to come with me to a lecture about space travel?

B _____ . I read a lot of books about the future of space travel.

3 FUNCTIONAL LANGUAGE AND REAL-WORLD STRATEGY

A Read the situations. Complete the sentences with phrases from the box.

have you been haven't seen you it's been
the same as too much what have you

- You see someone you knew when you were 10 years old.
Hey, ¹ _____ a long time! How ² _____ ?
- You run into an old classmate.
Wow, I ³ _____ since last semester! ⁴ _____ been up to?
- An old teacher asks you what you've been doing since last year.
Oh, not ⁵ _____. Just ⁶ _____ usual.

B Complete the conversation with expressions for catching up with people's news or comments with *that would be*.

- A Hi, it's so great to see you. ¹ _____.
- B I know! ² _____ since last spring when we had that class together.
- A I can't believe we ran into each other here. ³ _____ ?
- B ⁴ _____. I'm still going to school, and I've been working full-time since July.
⁵ _____ ?
- A Oh, ⁶ _____. I've been taking classes full-time. Hey, are you busy right now?
Do you want to get some dinner?
- B ⁷ _____. Where should we go?
- A Well, I've been thinking about Chinese food all day because someone in my office was eating some.
- B Oh, I know a fantastic Chinese restaurant. You don't order your food. The servers just bring you whatever the chef is cooking.
- A ⁸ _____.
- B Great! Let's go!



1 LISTENING

A  8.01 LISTEN FOR MAIN AND SUPPORTING IDEAS Listen to the podcast. Answer the questions.

- 1 What is the first tip? _____
- 2 What is an example of the first tip? _____
- 3 How is the first tip helpful for Tina? _____
- 4 What is the second tip? _____
- 5 How is the second tip helpful for Tina? _____
- 6 According to Andrew, which of the two tips can save you more time? _____

2 READING

A Read the comment by BusyBee221. Then read the statements and check (✓) the ones that are true.

**BusyBee221 wrote:**

After I listened to the latest episode of *Tips with Tina*, I immediately decided to try Andrew's tips for saving time. Like Tina, I'm always losing my keys. I also spend a lot of time looking for my wallet in the morning. So, I put a bowl on the dresser in my bedroom, and I started putting my keys and my wallet in it when I got home every evening. I tried it for a week, and it really made a difference. Before, I used to feel rushed every morning, and I would sometimes get to class late, but now I don't feel rushed at all. I got to class on time every day last week, and I even had time to stop for coffee on my way to school. The second tip was harder to follow, but I did my best. I managed to say "no" to one invitation last week when my friend invited me to a movie. I felt guilty about it for a while, but I was really glad that I refused the invitation. While my friend was at the movies, I finished my paper for my history class. It felt great! So far, Andrew's tips are working for me. I think they'll keep saving me time in the future.

_____ reply _____

- ☐ 1 BusyBee221 tried Andrew's tips.
- ☐ 2 He started putting his wallet and keys in a bowl by the front door.
- ☐ 3 He didn't have to look for his keys, but he still got to class late every morning.
- ☐ 4 He said "no" to one friend's invitation.
- ☐ 5 He was able to write a paper because he didn't go to the movies with his friend.
- ☐ 6 He wishes that he had said "yes" to his friend.

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UNIT 8

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