

6 Present simple and continuous

I can use the present simple and the present continuous tenses.



Present simple

We use the present simple to talk about things that are always true.

Water boils at 100 degrees.

Nurses help sick people in hospital.

We use the present simple to talk about things that are permanent or regular.

Robert lives in France.

I normally go to classes at the university.

We use words and phrases like *often, normally, sometimes, every day* with the present simple.

Mary normally has breakfast at seven.

I always drive to work.

We use the present simple when we talk about opinions and thoughts, using verbs like **hate, know, like, love, need, prefer, remember, think, understand, want**.

I like this song.

We don't know the answer.

We use the present simple of **think** when we talk about opinions.

He thinks the film was boring.

We can also use the present continuous to talk about the future. See Unit 12.

Present continuous

We use the present continuous to talk about things that are in progress now.

The water is boiling. ~ I'll make some tea.

I'm sorry. I can't talk at the moment. I'm helping my mum in the kitchen.

We use the present continuous to talk about temporary things that are in progress around now.

Sarah is working in Scotland this week, but she will be here again next week.

This week, I'm revising for an exam.

We use time expressions like *now, at the moment, this week, today* with the present continuous.

We're having dinner at the moment.

Why are you walking to school today?

We don't normally use the present continuous with verbs of opinion or thought.

I'm liking this song.

We aren't knowing the answer.

We use the present continuous of **think** when we describe an action.

Please be quiet. I'm thinking.

6

Work in groups. Read the information in the table and make sentences about the animals. Use the verbs in the box. Check your answers on page 168.

come from eat live for weigh



Place	Africa, Asia, Australia, Antarctica
Weight	35kg, 55kg, 170kg, 250kg
Food	meat, grass, plants, fish
Age	8 years, 15 years, 20 years, 40 years

Gorillas come from Asia.

No. They don't come from Asia. They come from Africa.

7 Write the -ing forms of the verbs below.

► wait	<u>waiting</u>	4 close	_____
1 write	_____	5 die	_____
2 sleep	_____	6 do	_____
3 try	_____	7 study	_____

8 Spell the -ing forms of the verbs below.

► read	<u>reading</u>	6 get	_____
► put	<u>putting</u>	7 look	_____
1 plan	_____	8 open	_____
2 stay	_____	9 relax	_____
3 wear	_____	10 begin	_____
4 swim	_____	11 visit	_____
5 snow	_____	12 happen	_____

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9 Correct the mistakes in each sentence.

► She aren't waiting.

She isn't waiting.

1 Where are you go?

2 The bus isn't stoping!

3 She doesn't wearing a coat.

4 Sam driving to Manchester today.

5 What they are talking about?

6 Vicky is write an email.

7 Is it snowwing outside?

8 Hes eating an ice cream.

10 6.3 Complete the text with the present continuous form of the verb in brackets. Listen and check.

Peter Hi, Jack. It's Peter.

Jack Hey. Where are you?

Peter I 'm sitting (sit) on a train with my family.

Jack Where ¹ _____ (you/go)?

Peter We ² _____ (travel) to Scotland to visit my cousins.

Jack That sounds exciting.

Peter Actually, I^{'3} _____ (not/enjoy) the journey. The air-conditioning ⁴ _____ (not/work), so it's really hot in here at the moment.

Jack So what are you doing? ⁵ _____ (you/play) games on your phone?

Peter No, I'm not. I ⁶ _____ (revise) for the maths test.

Jack Bad luck. So what ⁷ _____ (everyone else/do)?

Peter My sister ⁸ _____ (listen) to music and my parents ⁹ _____ (read). Actually, no, they ¹⁰ _____ (not read) now; they ¹¹ _____ (sleep).

Jack I've got to go now. Enjoy Scotland. I hope the sun shines.

Peter Thanks, but right now, I ¹² _____ (look) forward to some cold weather!

11 Circle the correct option.

- ▶ It's raining **every day / at the moment**.

- 1 I **normally / Today** I take the bus to school.
- 2 He eats fish **every day / at the moment**.
- 3 She's **often / This week** she's visiting friends in London.
- 4 They **always / Today** they do their homework together.
- 5 He's studying engineering **every year / this year**.
- 6 Are you having dinner **on Mondays / now**?
- 7 The train is **never arriving / arriving** right now.
- 8 I get up late **at the weekend / this week**.
- 9 What are you **normally doing / doing** at the moment?
- 10 On Saturdays / Today I work in a shop.

12 Complete the sentences with the correct verb form.

- ▶ 'What are you watching?' 'That new DVD. It's great.' (you/watch)

- 1 Mary go to yoga classes on Monday evenings. (go)
- 2 'It's raining?' 'No. Let's play tennis.' (it/rain)
- 3 Elephants live for 50 or 60 years. (live)
- 4 'Can I speak to Jack, please?' 'I'm sorry. He is staying with his grandparents. He will be back tomorrow.' (He/stay)
- 5 'Are you OK?' 'No, I'm not. I'm having a very bad day.' (I/have)
- 6 'How often she tidies her room?' 'Every week.' (she/tidy)
- 7 Lucy's a vegetarian. She doesn't eat meat. (she/not eat)
- 8 'Why you're taking the bus?' 'My bike's got a puncture.' (you/take)
- 9 This is very funny but nobody is laughing. (laugh)
- 10 ' Do you wear glasses?' 'Yes. When I watch TV.' (you/wear)

13 6.4 Listen to the dialogue and look at the picture. Complete the table with a number and the words in the box.

footballer chef mechanic photographer
Beijing London Los Angeles Manchester
New York Oxford Paris Sydney

	Bill	Tony	Harry	Peter
Number	3			
Job	chef			
Usual city				
Current city				



14 Complete the dialogue with the correct form of the verbs. Use the present simple or present continuous.

Kate Do you remember (remember) my friend, Maria?

Polly Yes. She ¹ _____ (live) in Spain, doesn't she?

Kate Normally, but at the moment she ² _____ (live) in China.

Polly Why is she in China?

Kate Her parents ³ _____ (spend) a year there. They ⁴ _____ (teach) at a university.

Polly ⁵ _____ she ⁶ _____ (like) it?

Kate At first it was difficult but now she ⁶ _____ (enjoy) it. She ⁷ _____ (say) it's very different from Europe.

15 Complete the text using the correct form of the verbs in brackets.



Katy Dixon is a famous scientist. She works at a university in London. She is a vulcanologist. That means that she ¹ _____ (study) the science of volcanoes. She ² _____ (spend) most of the time at the university. She ³ _____ (do) experiments in a laboratory, and she also ⁴ _____ (teach) students. But sometimes she ⁵ _____ (travel) to interesting places in the world and ⁶ _____ (explore) real volcanoes.

This week, Katy ⁷ _____ (visit) South America. She ⁸ _____ (make) a programme for television. Today they ⁹ _____ (film) an 'active' volcano. Active volcanoes sometimes ¹⁰ _____ (erupt), so she has to be careful. At the moment, Katy ¹¹ _____ (sit) at the top of the volcano and ¹² _____ (talk) about lava. She ¹³ _____ (have) a fantastic time. She ¹⁴ _____ (think) it is the best job in the world!

Polly 8 _____ she _____ (learn) Chinese?

Kate Yes. She 9 _____ (go) to Chinese classes every day after school. She 10 _____ (understand) a lot, but speaking is more difficult. In fact, she 11 _____ (think) about studying Chinese at university, when she goes back to Spain.

Polly What about the food? 12 _____ she _____ (like) it?

Kate Yes, she 13 _____ (love) it. Spanish people like seafood and I 14 _____ (think) Chinese people eat a lot of seafood too.

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Write a short personal profile. Describe your routine. Then imagine you are on holiday this week. Write about your activities.

I normally get up at seven o'clock. I have ...

This week, I'm visiting ...

Self-evaluation Rate your progress.

