

S32-1 Listening

1. Our unhealthy habits are exploding into
2. Because women suffer more from knee arthritis than men do
3. It's turns out only 11% of our health and well-being is actually related to medical care
4. What do we think the key to health is?
5. So we don't want to use it so that lowers our level of physical activity promoting weight gain in the obesity which then puts more pressure on the joint
6. We created an eighteen week community-based program for these women
7. That would support them on the journey towards better health
8. We gave them the tools and created the community
9. Isn't more medical education or access to care, although those things matter
10. Illness can be transformed into wellness when we move from I to we
11. Gives people the support they need to make healthy behaviour change
12. Most powerful force to shape the health of our nation isn't doctors like me or education
13. You could get everyone out for a stroll after dinner, do FaceTime with your best friend while you're taking a walk

S32-2 Vocabulary

disparity	exploded	vicious	journey	keeping
keep	susceptible	developed	fail	takeaways

1. London's parks have _____ into colour in the last week.
2. This rope will _____ you from falling down.
3. My films try to describe a _____ of discovery, both for myself and the watcher.
4. Walking with weights makes the shoulders very _____ to injury.
5. They talked about the great _____ of wealth between rich and poor countries.
6. Here are five _____ from the first trailer for the film.
7. She's _____ some very strange habits lately.
8. Am I _____ you from your work?
9. It is a _____ circle because each time salaries are raised, prices go up as well.
10. We waited twenty-one years, don't _____ us now.

32-2 Grammar

Translate into English.

1. Мы ходили в одну школу. Не смотря на это, я не видел ее много лет.

2. Хотя у нее не было времени, она все же предложила помочь.

3. Она пошла домой сама, хотя знала, что это было опасно.

4. Страйся не пролить воду на ковер. Хотя, если прольешь, не переживай.

5. Мне он нравится, хотя иногда он меня злит.

Speaking

1. What can be done to prevent health issues on a country level?
2. What do you personally do to take better care of yourself?
3. Why do you think preventive medicine is not so ubiquitous?