

From the farm to your plate

Read the text on page 102 and respond True or False

1. All food comes from the kitchen. _____
2. All food we eat is produced locally. _____
3. Not all "fresh" food is fresh. _____
4. Transporting food requires consuming lots of energy. _____
5. The further food travels the more pollution it causes. _____
6. To reduce pollution, we can try consuming local products.

7. Imported lettuce is healthier than every-day picked lettuce.

8. Different fruit and vegetables grow in different seasons.

9. We shouldn't eat fresh summer fruit and vegetables in winter.
