

1 Can I help? Extra Practice

1.0 Vocabulary

Adjectives: personality

1 * Choose the correct option.

- 1 Claire is fun to be with. She's friendly and **selfless** / **outgoing**.
- 2 My parents always listen and give me helpful advice. They're very **optimistic** / **supportive**.
- 3 It's **cruel** / **big-hearted** to say unkind things about people.
- 4 A: 'Don't be upset about what happened!'
B: 'I can't help it. I feel really **responsible** / **dependable**.'
- 5 You're very **modest** / **caring** about your cooking skills. Your food is amazing!
- 6 John is trying so hard to help us win the competition. He's very **sympathetic** / **courageous**.

2 ** Complete the text with the adjectives.

caring dependable optimistic big-hearted sympathetic selfless

Bruce gives up hours of his free time to coach our football team – he's completely (1)..... . He makes football practice fun and he's always concerned when we have an injury or someone gets upset. He really is very (2)..... . His end of season celebrations are amazing. He organizes everything. He's so (3)..... .

We've a good team and we're always (4) for every match, especially Harry, our number nine. He's a talented player and a (5) goal scorer – he usually gets at least one goal a week. After every match, we get together and talk for a short time. Bruce always listens to us and is (6) when we lose. Fortunately, that isn't very often!

3 *** Write about you or people you know using the adjectives in brackets. Give reasons for your opinions.

(sympathetic) *I like to think that I'm very sympathetic when people talk to me about their problems.*

1 (optimistic)

2 (outgoing)

3 (responsible)

4 (dependable)

5 (courageous)