



WEEK 27 – FIFTH GRADE
LEARNING EXPERIENCE 6: "WE PROPOSE STRATEGIES FOR THE
CONSERVATION OF HEALTH AND DISEASE PREVENTION"

PROPOSITO: Expresar acciones que realizas para reducir el estrés en oraciones cortas.

COMPETENCIAS: Lee diversos tipos de texto en inglés como lengua

Activity 2: Move to Relax!

LEAD IN: How do you reduce stress?

Complete the sentences with activities you do to relax.

To reduce stress ...

Example: I play videogames online.

1. _____
2. _____
3. _____
4. _____
5. _____



DO EXERCISES



RUN IN THE PARK



COOK



READ BOOKS

Match the pictures with the verbs.

A. Play the guitar

B. Walk

C. Read a book

D. Watch tv/a movie

E. Play online with friends



CHALLENGE

➤ Write short sentences about the activities you do in the lockdown. Use pictures to have clear ideas.

PRACTICE - EXERCISE 2

Listen, look at the pictures and write complete sentences.



ALISA, 15
Kramatorsk - Ukraine

REASONS TO FEEL STRESSED IN LOCKDOWN

Example: I don't walk in the park.



1. -I don't



What should I do to reduce stress?



2. I read.....



3. - I play.....



MIGUEL, 14
Huancavelica - Peru

REASONS TO FEEL STRESSED IN LOCKDOWN

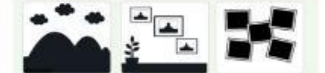
1. I don't go to



What should I do to reduce stress?



1. I play the



2. I look at the.....



3. I play with my

SELF EVALUATION

1. ¿Puedo reconocer palabras y frases de uso común si están acompañadas de imágenes? SI - NO
2. ¿Puedo identificar información detallada de un texto escuchado en inglés? SI - NO
3. ¿Puedo relacionar acciones con las imágenes que las representan en inglés? SI - NO